

CONNECT WITH COMMUNITY

A Referral Guide to local
community-based activities
at neighbourhood houses
in the Upper Murray



Neighbourhood Houses
The Heart of Our Community

Version 2: Updated September 2025

Acknowledgement of Country

We acknowledge the Traditional Custodians of the land on which we live and work. We express our gratitude that we share this land today, our sorrow for the costs of that sharing and our hope that we can move to a place of justice and partnership together. We pay our respects to Elders past and present.



About the Network

The Upper Murray Regional Neighbourhood House Network (UMRNHN) is one of 16 networks working with neighbourhood houses across rural, regional and metropolitan Victoria. The Networks are funded to provide governance and operational support and resources to their member neighbourhood houses and centres. Networks also have a facilitative and advocacy role, enabling their members to participate in broader community strategies and discussions.

In the Upper Murray Region there are six Local Government Areas: Indigo, Wodonga, Wangaratta, Moira, Alpine and Towong. These municipalities include large regional centres, small towns and villages, and semi-rural and rural areas. There are 16 funded neighbourhood houses in the Upper Murray, all of which are members of the UMRNHN.

The Network provides members with a range of services, including governance and operational support for committees and staff, advice on community development, and capacity building and links. The Network also actively seeks funding to delivery Network-wide projects that will build the capacity of our members to work in emerging priority areas, such as the reduction of loneliness and isolation, and building community resilience.

This resource was originally developed as part of the *Behind the Scenes at the Neighbourhood House* project funded by the Victorian Responsible Gambling Foundation through their Prevention Partnership Program.

The project aimed to reduce gambling related harm by creating opportunities for people to connect and participate in community activities as an alternative to gambling, and by reducing loneliness and social isolation, both risk factors in gambling related harm.

For more information, go to www.uppermurraynhn.org or contact Network Coordinator at coordinator@uppermurraynhn.org

Purpose of this guide

This resource is designed to give service providers working with clients in the Upper Murray region information about community-based, local activities offered by neighbourhood houses.

These activities range in cost from free to fee for service. Clients can be referred and supported to participate in these activities where appropriate.

Why refer to a neighbourhood house?

Neighbourhood houses (also known as neighbourhood centres, community centres, community houses, learning centres and community learning centres) are well recognised by the Victorian Government as playing an important role in building vibrant communities through a unique structure and community development approach.

They are identified as being significant places of inclusion, providing valuable social, recreational, educational and training opportunities. They are welcoming, non-threatening places, where anyone can come to meet new people, contribute to their community, get helpful information and learn new skills. They connect people through their diverse volunteering roles, and through their programs, services, information, support and community activities.

Programs offered are diverse, and include:

- Community meals
- Community transport
- Exercise
- Health and wellbeing
- Music
- Art and craft
- Family support programs
- Vocational education and training
- Literacy and numeracy training
- Emergency preparedness
- Environmental sustainability
- Indigenous and CALD cultural activities
- School holiday programs
- Playgroups and childcare
- Youth groups

Some neighbourhood houses also provide services such as Centrelink and VicRoads. Several run social enterprises.

Although neighbourhood houses differ from each other in many ways, they are united by the Neighbourhood House Sector Framework and therefore aim to:

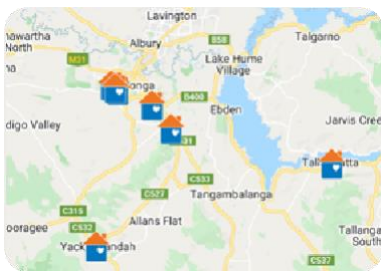
- assist community members to make their communities fairer and more sustainable with the resources, services and infrastructure they need
- empower communities to have more control over their own destiny
- encourage personal growth, self-help and the sharing of knowledge

Using this guide to **support the health and wellbeing** of your clients:



Step 1 – Can neighbourhood houses meet your needs?

Discuss with your client whether community-based activity will provide them with the support they need.



Step 2 – Find a good fit

Review locations on the map (p5) to see which neighbourhood houses are the most accessible. Look through the categories and list of offerings to find what most interests your client.

Categories:

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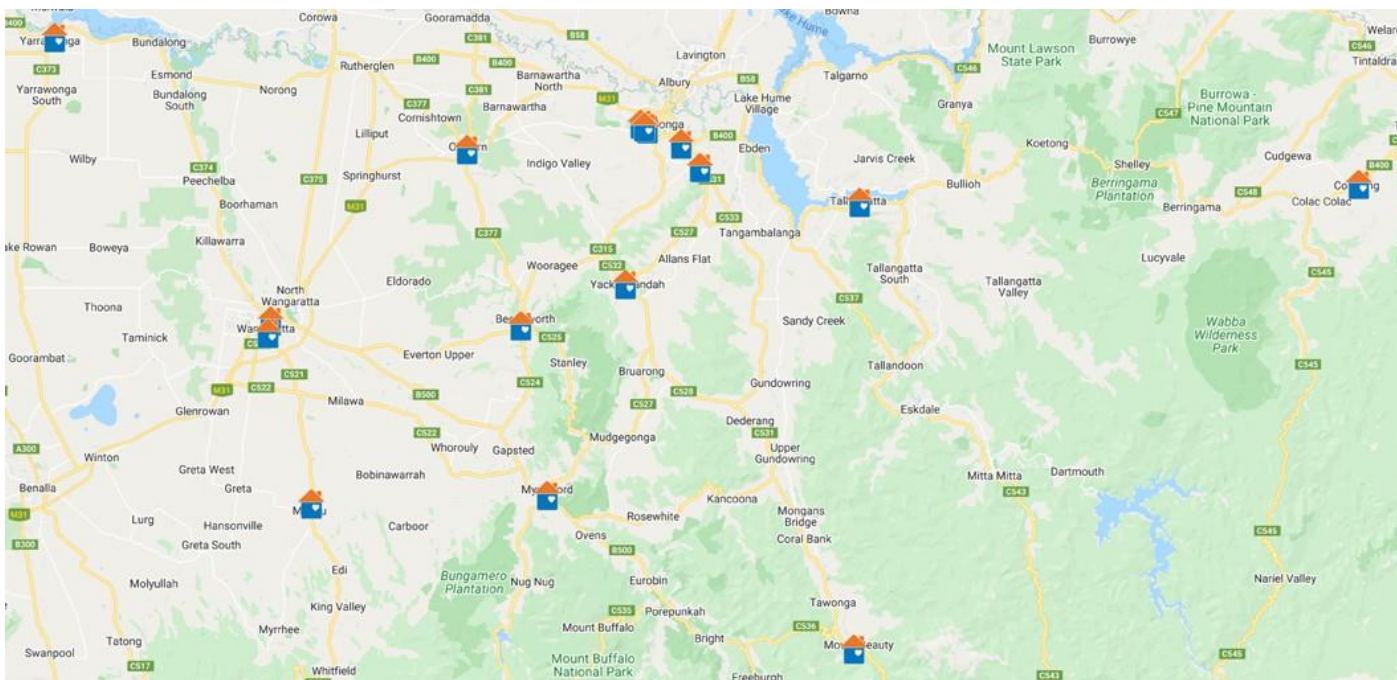
Step 3 – Set it up

Give your client the information they need to follow it up themselves, or you may want to make an appointment time for them to visit the neighbourhood house.

Disclaimer: Longevity of guide – not everything is going to be available all the time. Please always call the neighbourhood house to check the availability of program. Check the Upper Murray Regional Neighbourhood House website for the most recent version of this Referral Guide: www.uppermurraynhn.org

Locations

In the Upper Murray Region, there are 16 neighbourhood houses located in 12 different communities in six Local Government Areas: Indigo, Wodonga, Wangaratta, Moira, Alpine, Towong.



CITY OF WODONGA

BANDIANA NEIGHBOURHOOD HOUSE



Bandiana Army Base,
Wattle Road,
Gaza Ridge Barracks,
Bandiana VIC 3694

Phone: 02 6053 1008

Email: bandihouseinc@gmail.com

Website: bandihouse.org



Facilities and Services:

- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Play space
- Accessible toilets
- Photocopying and printing
- Computer and internet access

BARANDUDA COMMUNITY CENTRE



3 Sage Court,
Baranduda VIC 3691

Phone: 02 6020 8643

Email:

cbaranduda@wodonga.vic.gov.au

Website: [linktr.ee/](http://linktr.ee/barandudacommunitycentre)

barandudacommunitycentre



Facilities and Services:

- Meeting rooms
- Classrooms
- Function/event area
- Commercial Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Play space
- Accessible toilets
- Photocopying and printing
- Computer and internet access

CITY OF WODONGA

BIRALLEE PARK NEIGHBOURHOOD HOUSE



2/157 High Street (Tower Place)
Wodonga VIC 3690

Phone: 0468 572 731

Email: admin@birhouse.com.au

Website: birhouse.com.au



Facilities and Services:

- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Photocopying and printing
- Computer and internet access
- CV Assistance

FELLTIMBER COMMUNITY CENTRE



189 Melrose Drive
West Wodonga VIC 3690

Phone: 0432 115 602

Email: felltimmer@birhouse.com.au

Website: birhouse.com.au



Facilities and Services:

- Meeting rooms
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Photocopying and printing
- Computer and internet access
- Youth Space
- E-Waste Collection point

TRUDEWIND ROAD NEIGHBOURHOOD HOUSE



44 Quirk Court,
Wodonga VIC 3690

Phone: 02 6024 3950

Email: info@trudewindnhouse.com

Website: trudewindnhouse.com



Facilities and Services:

- Meeting room
- Classrooms, including computers, drop down screen and projector
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Photocopying and printing
- Computer and internet access
- Laminating and binding

TOWONG SHIRE

CORRYONG NEIGHBOURHOOD CENTRE



39 Hansen Street,
Corryong VIC 3707

Phone 02 6076 2176

Email: sara@corryongnc.org

Website: corryongnc.org



Facilities and Services:

- Meeting rooms
- Classrooms
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Photocopying and printing
- Computer and internet access
- IT assistance
- Auspice and program support
- Driving lessons and mentoring
- Bus and Car available for community hire
- Youth space and activities
- Visiting Services
 - Hume Riverina Community Legal Services
 - Wodonga Eye Care
 - Upper Murray Family Care
 - Gateway Health
 - Visiting Job Providers
- Agency For
 - Services Australia
 - Vic Roads

TALLANGATTA NEIGHBOURHOOD HOUSE



5A Banool Road
Tallangatta VIC 3700

Phone: 0408 573 474

Email:

Tallangatta.nh@towong.vic.gov.au



Facilities and Services:

- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Internet Access
- Can assist with meeting, workshop and events spaces
- Visiting Services
 - Hume Riverina Legal Service
 - Wodonga TAFE Skills & Jobs

ALPINE SHIRE

MOUNT BEAUTY NEIGHBOURHOOD CENTRE



Tennis Court Ave,
Mt Beauty VIC 3699

Phone: 03 5754 1166

Email: info@mountbeauty.org.au

Website: mountbeauty.org.au



Facilities and Services:

- Meeting rooms / Venue Hire
- Classrooms
- Function/event area
- Kitchen
- Catering
- Outdoor sitting area
- Accessible toilets
- Secretarial Services
- Computer use & WiFi (free for members)
- Photocopying and printing
- Wheelchair accessible toilets
- Book binding
- Recharge Point for Electric Mobility Scooters & Wheelchairs
- Visiting Services
 - Hume Legal Service M Bone Density Bus
 - Breast Screen Bus
 - Services Australia Bus
- Agency For
 - Services Australia

MYRTLEFORD NEIGHBOURHOOD CENTRE



156 Myrtle Street,
Myrtleford VIC 3737

Phone: 03 5752 2775

Email: manager@myrtlefordnc.org.au

Website: myrtlefordnc.org.au



Facilities and Services:

- Meeting rooms
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Photocopying and printing
- Computer and internet access
- Tax Help
- Visiting Services
 - Employment Services
 - Wodonga TAFE Reconnect
 - Wodonga TAFE Skills & Jobs Centre
 - Alpine & Albury Wodonga Health
 - Hume Riverina Legal Services

CHILTERN NEIGHBOURHOOD HOUSE



11 Main Street,
Chiltern VIC 3683
Phone: 03 5726 1405
Email: m.murphy@inh.org.au



- Facilities and Services:
- Meeting rooms (large, small)
 - Classrooms
 - Function/event area
 - Kitchen
 - Tea/coffee making facilities
 - Outdoor sitting area
 - Accessible toilets
 - Photocopying and printing
 - CV assistance
 - Computer and internet access
 - Visiting Services
 - Wodonga TAFE Skills & Jobs Centre
 - Community Paramedics

QUERCUS BEECHWORTH



30 Ford Street,
Beechworth VIC 3647
Phone: 0403 865 095
Email: reception@quercusbeechworth.com.au
Website: quercusbeechworth.org.au



- Facilities and Services:
- Meeting room
 - Function/event area
 - Commercial Kitchen hire
 - Tea/coffee making facilities
 - Outdoor sitting area
 - Public toilets
 - Photocopying and printing
 - Internet Access
 - Community Garden with seating and tables
 - Centrelink Access Point
 - Emergency Relief assistance
 - Visiting Services
 - Employment Services
 - Wodonga TAFE Skills & Jobs Centre

YACKANDANDAH COMMUNITY CENTRE



39 High Street,
Yackandandah VIC 3749
Phone: 02 6027 1743
Email: manager@ycc.org.au
Website: www.ycc.org.au



- Facilities and Services:
- Meeting room
 - Classroom
 - Function/event area
 - Tea/coffee making facilities
 - Outdoor sitting area
 - Accessible toilets
 - Photocopying and printing
 - Internet access
 - Visiting Services
 - Gateway Health

RURAL CITY OF WANGARATTA

PANGERANG COMMUNITY HUB



38 Ovens Street,
Wangaratta 3677

Phone: 03 5721 3813

Email: coordinator@pangerang.org.au

Website: pangerang.org.au



Facilities and Services:

- Meeting rooms (large, small)
- Large interactive smart board with camera for hybrid meetings
- Classroom
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Play space
- Photocopying and printing
- Computer and internet access
- Mobile Hub – Community outreach and hire

OPEN DOOR NEIGHBOURHOOD HOUSE



61 Burke Street, Yarrunga,
Wangaratta VIC 3677

Phone: 03 5721 9175

Email:

coordinator@opendoornh.org.au

Website: opendoornh.org.au



Facilities and Services:

- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Photocopying and printing
- Tax Help
- Computer and internet access
- Visiting Services
 - Services Australia
 - UMFC – Financial capability

KING VALLEY LEARNING EXCHANGE



2533 Wangaratta-Whitfield Road,
Moyhu VIC 3732

Phone: 03 5727 9548

Email: manager@kvle.org.au Website:

www.kvcc.org.au



Facilities and Services:

- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen (commercial)
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Photocopying and printing
- Tax Help
- Computer and internet access
- Work Shed (Men's Shed)

**YARRAWONGA MULWALA
COMMUNITY AND LEARNING
CENTRE**



1 Hargrave Court,
Yarrowonga VIC 3730

Phone: 03 5744 3911

Email: community@ymclc.edu.au

Website: ymclc.edu.au



Facilities and Services:

- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Photocopying and printing
- Computer and internet access
- Newcomers Pack
- Agency For
– Services Australia

Volunteering

Volunteering has been proven to have a meaningful and positive impact on individuals and communities. The benefits of volunteering are many; people who volunteer are happier, healthier and sleep better than those who don't. Other benefits include:

- Helping you make new friends and contacts
- Increasing your social and relationship skills
- Increasing self-confidence
- Helping combat depression
- Helping you stay physically active and healthy
- Providing work experience
- Teaching you invaluable job skills
- Bringing fun and fulfilment to your life

The time contributed to volunteering can be large or small. People shouldn't be deterred by thinking they have to commit to a permanent or regular arrangement.

Contact any of the neighbourhood houses listed for more information about volunteering.

Food and Material Assistance

Many neighbourhood houses offer practical support to help ease immediate pressures on households. This can include access to emergency food relief, community food pantries, and other forms of material aid. These programs not only provide essentials when needed, but also connect people to a supportive community environment.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Community Pantry	Felltimber Community Centre	Monday to Friday, 9.00am-3.00pm	Free community food pantry for all. Pantry items and limited frozen meals	0432 115 602
	King Valley Community Centre	Monday to Friday	Free community food pantry for all	03 5727 9548
	Myrtleford Neighbourhood Centre	Monday to Friday	Free community food pantry for all	03 5752 2775
	Open Door Neighbourhood House	Monday, Tuesday and Thursdays 10.00am-2.00pm via phone	Free community food pantry for all	03 5721 9175
	Birallee Park Neighbourhood House	Monday to Thursday 9.00am-3.00pm	Free community food pantry for all. Pantry items and limited frozen meals	0468 572 731
	Chiltern Neighbourhood House	Monday to Friday 10.00am-4.00pm	Free community food pantry for all	03 5726 1405
	Birallee Park Neighbourhood House	Monday to Thursday 9.00am-3.00pm	Free healthy nutritional frozen meals	0468 572 731
	Felltimber Community Centre	Monday to Friday 9.00am-3.00pm	Free healthy nutritional frozen meals	0432 115 602
Food Hampers	King Valley Community Centre	Orders needed on a Tuesday	Free community food pantry for all	03 5727 9548
	Myrtleford Neighbourhood Centre	Orders needed on a Tuesday	Free community food pantry for all	03 5752 2775
Moira Foodshare Distribution Point	Yarrawonga Community and Learning Centre	Monday to Thursday 1.00-3.00pm at Community Centre	Provides emergency assistance through distribution of free, fresh and non-perishable food items. Staple food boxes available.	03 5744 3911
Community Assistance	Quercus Beechworth	Monday to Friday 10.00am-4.00pm	Free community food pantry for all	0403 865 095
Mount Beauty Support Services	Mount Beauty – Upper Kiewa Valley Support Services Neighbourhood Centre	Monday to Friday 10.00am-3.00pm	Supporting families and communities for financial help and referral; services. Operates a free food pantry which included frozen meals	0458 550 450
King Valley Community Resource Centre	King Valley Community Centre	Contact to make appointment	Household resources for those experiencing, disasters, homelessness, tough times	03 57 279548

Sharing Food

Food has always been a powerful way to bring people together. Many neighbourhood houses host shared meals, community lunches, and food-focused activities where people can connect, meet new friends, and enjoy good company. These programs are about more than just food on the table – they create a welcoming space where relationships grow, stories are shared, and community spirit thrives.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Food Share Table	King Valley Community Centre	Held on the third Saturday of the month	Excess produce and seeds table for sharing	03 5727 9548
	Yackandandah Community Centre	Open each day at the Community Garden	Excess produce table for sharing	02 6027 1743
	Tallangatta Neighbourhood House	Food Swap, first Sunday of the month	Excess produce table for sharing	0408 573 474
	Grow Free Stall Quercus Beechworth	Open all day	Fresh produce swap	0403 865 095
Alpine Fresh Food Network	Mount Beauty Neighbourhood Centre	Third Saturday of each month	Food sharing with workshops, resources and information sharing	03 5754 1166
Community Meal	Pangerang Community Hub	Monthly	Celebrate the diversity of cultures living in our community with dinner and cooking workshops	03 5721 3813
	Open Door Neighbourhood House	Monthly	Two course meal and enjoy company of others over lunch. Donations accepted	03 5721 9175
	Myrtleford Neighbourhood Centre	Monthly	Two course meal and enjoy company of others over lunch. Donations accepted	03 5752 2775
	King Valley Community Centre	Wednesdays	Community lunch – donations welcome	03 5727 9548
	Mount Beauty Neighbourhood Centre	Monthly Lunch Tuesday	Community lunch – Two courses subsidised. Different guest speaker each month	03 5754 1166
	Tallangatta Neighbourhood House	Monthly	Community meal – A variety of seasonal meals throughout the year	0408 573 474
	Tallangatta Neighbourhood House	Monthly	Community meal – A variety of seasonal meals throughout the year	0408 573 474
Food Share Table	King Valley Community Centre	Held on the third Saturday of the month	Excess produce and seeds table for sharing	03 5727 9548

WHAT	WHERE	WHEN	SUMMARY	CONTACT
	Yackandandah Community Centre	Open each day at the Community Garden	Excess produce table for sharing	02 6027 1743
	Tallangatta Neighbourhood House	Food Swap, first Sunday of the month	Excess produce table for sharing	0408 573 474
	Grow Free Stall Quercus Beechworth	Open all day	Fresh produce swap	0403 865 095
Alpine Fresh Food Network	Mount Beauty Neighbourhood Centre	Third Saturday of each month	Food sharing with workshops, resources and information sharing	03 5754 1166
Community Meal	Pangerang Community Hub	Monthly	Celebrate the diversity of cultures living in our community with dinner and cooking workshops	03 5721 3813
	Open Door Neighbourhood House	Monthly	Two course meal and enjoy company of others over lunch. Donations accepted	03 5721 9175
	Myrtleford Neighbourhood Centre	Monthly	Two course meal and enjoy company of others over lunch. Donations accepted	03 5752 2775
	King Valley Community Centre	Wednesdays	Community lunch – donations welcome	03 5727 9548

Cooking & Hospitality Classes

Cooking and hospitality programs at neighbourhood houses offer more than practical skills – they’re a chance to learn, share, and connect. Whether it’s preparing healthy meals, building confidence in the kitchen, or exploring hospitality pathways, these classes bring people together in a fun and supportive environment.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Community Cooking	Felltimber Community Centre	Weekly during term	Social cooking club for all providing life skills, food security, and social connection	0432 115 602
	Birallee Park Neighbourhood Centre	Weekly during term	Social cooking club for all providing life skills, food security, and social connection	0468 572 731
	Open Door Neighbourhood House	Tuesdays and Fridays	Learn Practical skills in the kitchen and share a meal	03 5721 9175
Men’s Cooking	Pangerang Community Hub	Weekly during school terms	Small group cooking sessions. Learn to cook healthy meals and snacks on a budget	03 5721 3813
Pop Up Café	Baranduda Community Centre	Monthly	Experience different cultures in a restaurant style setting while bringing community together	02 5005 7844
Cooking Classes	Pangerang Community Hub	Weekly during school term	Small group men’s cooking and social group. Learn cooking skills on a budget while meeting new people	03 5721 3813
	Felltimber Community Centre	Various dates contact the house	Learn practical skills in the kitchen	0432 115 602
	Quercus Beechworth	Various dates contact the house	Contact for further information	0403 865 095
	Birallee Park Neighbourhood Centre	Various dates contact the house	Learn practical skills in the kitchen	0468 572 731
	Open Door Neighbourhood House	Tuesdays and Fridays	Learn practical skills in the kitchen and share a meal	03 5721 9175
	Baranduda Community Centre	Various dates contact the house	Learn practical skills in the kitchen	02 5005 7844
	Mount Beauty Neighbourhood Centre	Pasta making, preserves and cheesemaking – various dates, contact the house.	Creating culinary delights	03 5754 1166
	King Valley Community Centre	Various dates contact the house	Learn practical skills in the kitchen	03 5727 9548
	Tallangatta Neighbourhood House	Various dates contact the house	A wide range of cooking classes held throughout the year	0408 573 474

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Barista Class	Mount Beauty Neighbourhood Centre	Check with the house for current dates	Beginners' barista class	03 5754 1166
	Yarrawonga Community and Learning Centre	Held on demand at Learning Centre	Learn the basics of espresso coffee making and gain practical skills	03 5744 3911
Cheesemaking	Mount Beauty Neighbourhood Centre	Check with the house for current dates	Great intro into the world of cheesemaking. Book Online: www.mountbeauty.org.au/book-online	03 5754 1166

Wellbeing Activities

Neighbourhood houses offer a range of wellbeing activities such as yoga, meditation, and gentle exercise. These programs support both physical and mental health, helping people reduce stress, build resilience, and improve overall wellbeing. Just as importantly, they provide a welcoming space to connect with others while taking time to care for yourself.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Yoga	Pangerang Community Hub	Weekly	Hatha Yoga	03 5721 3813
	Chiltern Neighbourhood House	Weekly – Tuesdays	Yoga class	03 5726 1405
	Baranduda Community Centre	Weekly – Fridays	Yin Yoga class	02 5005 7844
	Myrtleford Neighbourhood Centre	Friday and Saturday	Laughter Yoga	03 5752 2775
	Open Door Neighbourhood House	Tuesday afternoons	Dru Yoga	03 5721 9175
	Felltimber Community Centre	Weekly during school term	Yoga Class	0432 115 602
	Baranduda Community Centre	Weekly – Wednesdays 9.30am during school term	Yoga & Meditation	02 5005 7844
	Baranduda Community Centre	Weekly – Thursday	Chair Yoga – Live streamed class held at the center	02 5005 7844
	Chiltern Neighbourhood House	Fortnightly – Saturdays 9.30am	Check with the house for details	03 5726 1405
Tai Chi	Felltimber Neighbourhood Centre	Thursday mornings	Tai Chi with Carol	0468 572 731
	Pangerang Community Hub	Weekly	Tai Chi for general health and wellbeing also supporting people with Arthritis	03 5121 3813
	Mount Beauty Neighbourhood Centre	Monday, Tuesday, and Wednesday	Tai Chi for health and relaxation. Also available seated for people with osteo / arthritis	03 5754 1166
	Open Door Neighbourhood House	Wednesdays 10.00am	Low impact Tai Chi	03 5721 9175
	King Valley Community Centre	Tuesdays		03 5727 9548

WHAT	WHERE	WHEN	SUMMARY	CONTACT
	Chiltern Neighbourhood House	Wednesdays 10.00am	Check with the house for details	03 5726 1405
Wellbeing	Tallangatta Neighbourhood House	Various	A wide variety of activities held throughout the year to improve health and wellbeing	0408 573 474
IAm	Open Door Neighbourhood House	Contact the house for details.	Make new friends, feel more confident and enjoy life more by learning about yourself, your values and their effects on your life	03 5721 9175
Women's Wellness Workshops	Pangerang Community Hub	Contact the house for details	Facilitated art, craft, yoga and information sessions to explore and implement positive mental health into our lives	03 5721 3813

Physical Activities

From walking groups to ballroom dancing and martial arts, neighbourhood houses provide a variety of ways to get moving. These activities help people improve their health and fitness while also offering the chance to meet others in a relaxed, welcoming environment. They're a great option for people who would benefit from both physical activity and stronger social connections.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Heart Foundation Walking Group	Felltimber Community Centre	Wednesday morning 9.30am-10.15am Friday mornings 9.30am-10.15am	Walking group for carers, bereaved and volunteers. All welcome	0432 115 602
Walking Group	Bandiana Neighbourhood House	Register your interest with the house	Walking group for military families.	02 6053 1008
Ballroom Dancing	Mount Beauty Neighbourhood Centre	Wednesdays 7.30pm-9.00pm Cost \$2.00	Have fun while learning to dance Ballroom, Latin American; Rock 'n Roll	03 5754 1166
	Quercus Beechworth	Thursdays 7.00pm	Beechworth Dance all welcome	0403 865 095
Dance Fit	Baranduda Community Centre	Weekly	Live streamed class held at the centre	02 5005 7844
Martial Arts	Quercus Beechworth	Tuesdays	Albury Wodonga Martial Arts. Adults and children welcome	0403 865 095
Gentle Exercise	Baranduda Community Centre	Weekly	Virtual gentle exercise class held at the centre	02 5005 7844
Strength Training	Mount Beauty Neighbourhood Centre	Monday: 12.00pm-1:00pm Tues and Wed: 9:30am-10:30am	Low impact exercise program	03 5754 1166
Stretch, Strength & Core	Quercus Beechworth	Weekly	Low impact strength and stretching program	0403 865 095

Talking Cafés

Talking Cafés are informal drop-in sessions where people can come together for conversation, company, and a cuppa. They provide a gentle first step for people who may be socially isolated, offering a safe and welcoming space to build confidence, connect with others, and find out about further community opportunities. The Talking Cafés are an important element of the Network's social prescribing project.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Milawa Talking Café	Pangerang Community Hub	Weekly Thursdays	Held in Milawa	03 5721 3813.
Talking Café	Felltimber Community Centre	Weekly – Tuesdays 10.00am-11.00am	Birallee Café & Restaurant Shop G10 Birallee Shopping Centre	0432 115 602
Yak Chat Cafe	Yackandandah Community Centre	Weekly Wednesdays 2.00pm-3.00pm	Held at Gum Tree Pies	02 5027 1743
Chin Wag Café	Lulu & Didge Café Chiltern Neighbourhood House	Weekly Thursdays 10.00am	Held at Lulu & Didge Café	03 5726 1405
Connecting Community Café	Open Door Neighbourhood House	Thursdays 10.00am	Held at Intermezzo Café Connecting Community Café. Come for a chat, meet new people and learn about local services and supports	03 572 19175
Mount Beauty Connecting Community – Talking Café	Mount Beauty Neighbourhood Centre	First and third Monday of the month	First Monday at Beauty Café third Monday at Rocky Valley Café	03 5754 1166
Talking Café	Yarrawonga Mulwala Community and Learning Centre	Friday 10.00am-11.00am at the Learning centre	Come along and make new friends	03 5744 3911
Connecting Community Café	Tallangatta Neighbourhood House	First and third Monday 10.00am	Held at Yellow Picket Fence Café	0408 573 474
Connecting Community Cuppa	Tallangatta Neighbourhood House	Second Wednesday 2.00pm	Held at Tallangatta Neighbourhood House	0408 573 474

Social Activities

Neighbourhood houses offer a range of social activities, such as coffee clubs, dinner groups, or armchair travel, that provide opportunities to connect in a relaxed and welcoming environment. These activities are ideal for people who may be feeling isolated, helping them build friendships, strengthen their sense of belonging, and enjoy positive social interactions.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Social Dinner Group	Bandiana Neighbourhood House	Monthly Fridays	Out to dinner social group for military families	02 6053 1008
Coffee Club	Rose Garden Community Café. Mount Beauty Neighbourhood Centre	Fridays 10.00am-12.00pm	Great way to meet people in the community, especially if you are new to town	03 5754 1166
Arm chair travel	Chiltern Neighbourhood House	Monthly	Visiting a different country each month in your chair. Food included	03 5726 1405
Italian Conversation	Myrtleford Neighbourhood Centre	Tuesday Evenings	Social class to learn Italian conversation	03 5752 2775
Cuppa Cake & Conversation	Baranduda Community Centre	Fortnightly Wednesdays	Check with the House for details	02 5005 7844
Youth Program	Corryong Neighbourhood Centre	See website for more information	Youth space and activities for 12-24-year-old's www.highdefchicken.com	0428 449 248
Social Events	Tallangatta Neighbourhood House	Contact the house for details	A variety of social activities giving community the opportunity to connect	0408 573 474
Oral History	Yarrawonga Mulwala Community and Learning Centre	Work onsite and off at own pace. Every Tuesday 10.00am-12.00pm at Community Centre	Volunteers recording, transcribing and preserving the history of local identities and our community	03 5744 3911
Social Dinner Group	Bandiana Neighbourhood House	Monthly Fridays	Out to dinner social group for military families	02 6053 1008

Clubs and Groups

Neighbourhood houses provide accessible spaces for local clubs and groups to meet, offering a supportive environment for people to connect around shared interests. These settings are a great referral option for people who would benefit from social interaction, developing friendships, and strengthening their sense of belonging within the community.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Beechworth Book Club	Quercus Beechworth	Tuesdays	Book Club	0403 865 095
Border Scale Modelers – Hobby Group	Trudewind Road Neighbourhood House	First Sunday of the month	Group that shares skills and ideas	02 6024 3950
Camera Club	Quercus Beechworth	Third Saturday of the month	Social group for anyone who enjoys photography to share skills	0403 865 095
Garden Club	Felltimber Community Centre	Contact the house for details	A social gardening group with guest speakers throughout the year	0432 115 602

Music

Neighbourhood houses offer a range of music programs, including group lessons, ensembles, and youth-focused sessions. These programs provide opportunities for people to develop skills, express themselves creatively, and connect with others who share similar interests. Music programs can be a valuable referral option for those looking to build confidence, social connections, and a sense of belonging in a supportive community environment.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Round the Campfire – Folk Music	Felltimber Community Centre	Weekly 3.00pm-5.00pm Saturdays	Simulating sitting around the campfire, singing, chatting and sharing	0432 115 602
Maggie Moo Music	Felltimber Community Centre	Weekly	Movement to music 0-5 years	0432 115 602
Loving Music Youth	Felltimber Community Centre	Monthly	Free – Mentoring, mixing, DJ, recording music	0432 115 602
Moovin Music	Baranduda Community Centre	Wednesdays during school term. 1.00pm-1.45pm	Preschool age music session	02 5005 7844
Singing Group	Mount Beauty Neighbourhood Centre	Mondays 7.00pm-9.00pm	Enjoy singing in a welcoming environment	03 5754 1166
Ukulele Music Group	Mount Beauty Neighbourhood Centre	Monthly on a Thursday	Fun group, for learners through the professionals. Meet new people and share the joy of music	03 5754 1166
	Pangerang Community Hub	Weekly – Thursdays 5.30pm	Fun group to learn and enjoy the Ukulele	03 5721 3813
	Tallangatta Neighbourhood House	First Monday evening of the month	All skill levels welcome	0408 573 474

Games

From Mahjong to board games and card groups, neighbourhood houses offer a variety of social game opportunities. These activities help people stay mentally active while providing a relaxed, welcoming environment to meet others, make friends, and enjoy shared interests.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Mah Jong	Chiltern Neighbourhood House	Tuesdays 10.00am	Chinese tile game – Beginners welcome	03 5726 1405
Games Night	Tallangatta Neighbourhood House	First Friday evening of the month	Board and Card games	0408 573 474
Geocaching	Mount Beauty Neighbourhood Centre	Register Anytime	Essentially a giant treasure hunt	03 5754 1166
Quests & Cards	Baranduda Community House	Fortnightly on a Thursday 6.00pm-9.00pm	Adults Dungeons & Dragons	02 5005 7844
Tunnels & Trolls	Baranduda Community House	Fortnightly on a Thursday 6.00pm-9.00pm	Kids Dungeons & Dragons held during school term	02 5005 7844

Support Groups

Neighbourhood houses host a range of support groups, offering a safe and welcoming space for people to share experiences. These groups help build connections, provide peer support, and offer practical advice, while fostering a sense of belonging and resilience within the community.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Support Group	Mount Beauty Neighbourhood Centre	Monthly	Cancer, Carers and Anxiety Support Groups	03 5754 1166
Myohmeno	Pangerang Community Hub	Weekly – Tuesdays 6.30pm	Support group for local women to support each other through their Menopause journey	03 5721 3813
Carers Group	Quercus Beechworth		Contact the house for more details	0403 865 095
YarrMul Carers Support Group	Yarrawonga Mulwala Community and Learning Centre	Monthly – every third Thursday 10.00am-12.00pm at Community Centre	Caring for a partner, relative or friend? Meet others who understand and listen to guest speakers and social activities	03 5744 3911
MS Support Group	Yarrawonga Mulwala Community and Learning Centre	Monthly – every First Thursday 10.00am-11.00am at Community Centre	A support group can help you cope better and feel less isolated as you make connections with others facing similar challenges	03 5744 3911
Stroke Support Group	Yarrawonga Mulwala Community and Learning Centre	Monthly – every Forth Thursday 10.00am-11.00am at Community Centre	A support group can help you cope better and feel less isolated as you make connections with others facing similar challenges	03 5744 3911
Memory Café	Chiltern Neighbourhood House	Thursdays – Fortnightly 10.30am	Dementia Support and social café for Carers and care recipients	03 5726 1405
Carer Connect Events – Carers Gateway	Mount Beauty Neighbourhood House	Contact the house for dates and details		03 5754 1166

Art and Craft Groups and Programs

Neighbourhood houses offer a variety of art and craft programs where people can explore creativity while connecting with others. Evidence shows that participating in creative activities not only supports skill development and self-expression, but also strengthens social connections, reduces isolation, and contributes to overall wellbeing.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Art & Craft	Tallangatta Neighbourhood House	Various dates throughout the year	A wide variety of activities are held throughout the year. An opportunity to socialise and get creative	0408 573 474
	Quercus Beechworth	Various dates throughout the year	Please check our website for current activities	0403 865 095
	Yarrawonga Mulwala Community and Learning Centre	Fridays 10.00am-2.00pm at Learning Centre	Lonely or bored? Come for a cuppa and a chat, make a little artwork (bring your own supplies) or just socialise and make new friends	03 5744 3911
	Bandiana Neighbourhood House	Monday Afternoon and Wednesday Night	Art & Craft group for Military families. Bring your own project or create something on the day	02 6053 1008
Art	Trudewind Road Neighbourhood House	Wednesdays 12.30pm-4.00pm	Bring current project and join a friendly group of like-minded people	02 6024 3950
	Pangerang Community Hub	Regular Workshops	Regular engaging workshops using a variety of mediums, See website	03 5721 3813
	Trudewind Road Neighbourhood House	Various throughout the year	Art workshops are available. Contact the house for more information	02 6024 3950
	Corryong Neighbourhood Centre	Wednesday afternoons from 3.00pm	Youth space 12-25yrs	0428 449 248
	Mount Beauty Neighbourhood Centre	Thursdays – 10.00am-3.00pm	Both professional and beginner artists sharing skills	03 5754 1166
	Trudewind Road Neighbourhood House	Wednesdays 12.30pm-4.00pm	Bring your own art group – bring along current project and join this friendly group	02 6024 3950
	Myrtleford Neighbourhood Centre	Every second Monday	Art for everyone, bring your own project or join what's happening	03 5752 2775
Craft	Pangerang Community Hub	Wednesday Evenings	A fun group of people who come together to chat, laugh and do a bit of craft!	03 5721 3813

WHAT	WHERE	WHEN	SUMMARY	CONTACT
	Corryong Neighbourhood Centre	Wednesdays 1.00pm-4.00pm	Sit and sew group	0428 449 248
	Pangerang Community Hub	Monthly	Chaotic Crafters – creating for fun without ego or judgement	03 5721 3813
	Mount Beauty Neighbourhood Centre	Tuesdays – 1.00pm-3.00pm	Meet and share craft projects	03 5754 1166
	Trudewind Road Neighbourhood House		Catch up on projects in the company of a friendly group	02 6024 3950
	Greta Valley Craft Group – Via King Valley Community Centre	Weekly – Wednesdays	Social craft group that meets in Greta	03 5727 9548
	Felltimber Community Centre	Fridays weekly from 12.00pm-2.30pm	Craft & cuppa is a social group where you can bring your own project or learn from others	0432 115 602
	Birallee Park Neighbourhood House	Tuesday Mornings, weekly	Craft-a-noon allows you to BYO craft project and have a tea / coffee with like-minded people	0468 572 731
	Yackandandah Community Centre	Fortnightly Tuesdays 2.00pm-5.00pm	Come for a cuppa and a chat at the Women's Shed, make a little artwork (bring your own supplies) or just socialise and make new friends	02 6027 1743
	Yarrawonga Mulwala Community and Learning Centre	Wednesdays 10.00am – 2.00pm at Learning Centre	Do you enjoy sewing and craft? Join this friendly 'Ava A Chat Crafters' where you can work on your own project, share your ideas and knowledge, and just have fun with other craft-minded people	03 5744 3911
	Trudewind Road Neighbourhood	Monday 9.30am-12.00pm, 1.00pm-3.00pm or 6.00pm-9.30pm Wednesday and Thursdays 1.00pm-3.00pm	This is an opportunity to bring your own craft projects to work on in company of friendly groups	02 6024 3950
	Baranduda Community Centre	Tuesday evenings Weekly	Cozy Craft night – Contact centre for more information. Great for those who need less stimulation	02 5005 7844

WHAT	WHERE	WHEN	SUMMARY	CONTACT
	Bandiana Neighbourhood House	Various one-off sessions	Bring your own craft. For Military families. Various sessions available throughout the year	02 6053 1008
After school – Crafty Kids	Baranduda Community Centre	During School term – weekly	Different crafts to try each week	02 5005 7844
Sewing – Boomerang Bags	Yarrowonga Mulwala Community and Learning Centre	Mondays 1.00pm-3.00pm at Learning Centre	Boomerang Bags provide a free, fun, sustainable alternative to plastic bags, and you can be a part of this community movement. Join our group and make new friends when we get together to make bags regularly for wider community use	03 5744 3911
Quilters Connect 4 a cause	Felltimber Community Centre	Thursday mornings 10.00am-12.00pm	Making quilts as a group to donate to local causes	0432 115 602
Sewing and Knitting Group	Trudewind Road Neighbourhood House	First Tuesday of each month	Group meetings to make items for those in need	02 6024 3950
Socks circle knitting group	Mount Beauty Neighbourhood Centre	Thursdays from 6.00pm	Social group connecting over shared knitting	03 5754 1166
Social Sewing	Baranduda Community Centre	Every second Wednesday and fourth Saturday of the month	Social sewing group bring your own project and can use the machines available	02 5005 7844
	Bandiana Neighbourhood House	Various – contact the house for details	Social sewing, instructor available as well as machines to use	02 6053 1008
Embroidery	Trudewind Road Neighbourhood House	Wednesdays 9.30am-12.00pm	Basic and Beyond Embroidery	02 6024 3950
Spinning Group	Chiltern Neighbourhood House	Second and fourth Thursday of the month – 7.00pm	Working with fibres, spinning wheels, beginners welcome	03 5726 1405
Yak & Yarn	Chiltern Neighbourhood House	Mondays 10.00am	Bring along your own Knitting and Crochet projects	03 5726 1405
Mixed Media	Trudewind Road Neighbourhood House	Thursdays 10.00am-12.30pm	Mixed Media Art Journaling	02 6024 3950
Painting Classes	Trudewind Road Neighbourhood House	Thursdays 9.30am-1.30pm	Tutored Painting classes – your choice of medium	02 6024 3950
	Baranduda Community Centre	Weekly Tuesdays	Enquire at centre	02 5005 7844

WHAT	WHERE	WHEN	SUMMARY	CONTACT
	Bandiana Neighbourhood House	Various one-off sessions	For Military families. Various sessions available throughout the year	02 6053 1008
Folk Art	Trudewind Road Neighbourhood House	Tuesdays 12.30pm-3.00pm		02 6024 3950
	King Valley Community Centre	Tuesdays		03 5727 9548
Mosaics	Open Door Neighbourhood House	Tuesdays 10.00am-12.00pm 1.00pm-3.00pm	Materials and tools provided	03 5721 9175
Scrapbooking	Open Door Neighbourhood House	Mondays 1.00pm-3.00pm	Traditional beginners' class Community inclusion class	03 5721 9175

Community Programs

Neighbourhood houses run a range of community-focused programs, such as clothing swaps, community grants, and other initiatives that support local residents. These programs help meet practical needs, foster connections, and provide opportunities for people to access resources and support within a welcoming community environment.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Clothing Swap Box	Felltimber Community Centre	Monday to Thursday in Foyer 9.00am-3.00pm	Give what you can, take what you need – free clothing	0432 115 602
School Uniform – Swap shop	Bandiana Neighbourhood House	At the centre	Second hand uniforms available	02 6053 1008
Community Calendar	Corryong Neighbourhood Centre		Calendar of local community events	0428 449 248
Yackandandah Annual Community Grants Program	Yackandandah Community Centre	April each year	Community groups are able to apply for community grants each year	02 6027 1743
Supports for Community Organisations	Corryong Neighbourhood Centre		Assistance for community organisations such as flyers, research, group administration, promotion, governance	0428 449 248
Puzzle Swap	Baranduda Community Centre	Located in the Foyer	Free community puzzle swap	02 5005 7844
	Trudewind Road Neighbourhood House	Monday to Thursday 9.00am-3.00pm	Free community puzzle swap	02 6024 3950
Community Library	Bandiana Neighbourhood House	At the centre	Resource books available	02 6053 1008
	King Valley Community Center	During office hours	Library to donate and borrow books. Share the joy of reading	03 5727 9548
Book Swap	Felltimber Community Centre	Located in Foyer	Free community library Take, loan, donate	02 6043 4550
	Baranduda Community Centre	Located in Foyer	Free community library Take, loan, donate	02 5005 7844
Book Exchange	Trudewind Road Neighbourhood House	Monday to Thursday 9.00am-3.00pm	Large range of books to borrow / exchange/ donate	02 6024 3950
Indigo FM	Yackandandah Community Centre		Local radio station	02 6027 1743

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Rebound Radio	Mount Beauty Neighbourhood Centre	Friday – Good Morning Country 7.00am-9.00am	Interviews on Alpine radio discussing various community issues	03 5754 1166
Community Events	Yackandandah Community Centre		Keep an eye on the website for community events www.ycc.org.au	02 6027 1743
Community Events & Special days	All Neighbourhood Houses	Various	All Centres participate and partners with local organisation to celebrate dates of significance throughout the year	
Community services listing	Yackandandah Community Centre		Community services and shop local listing on the website www.ycc.org.au	02 6027 1743
Connecting Community Calls	Open Door Neighbourhood House	Contact the House to join the program	Community telephone program for a friendly weekly chat or referral to services	03 5721 9175
Connecting Community Cuppa	Open Door Neighbourhood House	Tuesdays 10.00am-11.00am	Come in for a friendly chat and cuppa	03 5721 9175
Connecting Community Connectors	Open Door Neighbourhood House	Contact the house for further information	Connectors help connect you in with services and social activities	03 5721 9175
Darts & Pasta	Mount Beauty Neighbourhood Centre	Weekly darts comp followed by pasta. Dates to be advised	This is a social activity for over 24 Males	03 5754 1166
Yackandandah Women's Shed	Yackandandah Community Centre	Fortnightly on a Tuesday	Local women's group doing everything from ceramics to power tools	02 6027 1743
Keep Calm Committee	Mount Beauty Neighbourhood Centre	Monthly	Disaster preparedness information and support. Yearly community picnic	03 5754 1166
Repair Café	Quercus Beechworth	First Saturday of the month	Repair Café	0403 865 095
Flea Market	Quercus Beechworth	First Saturday of each month	Flea Market	0403 865 095
Community Programs	All Neighbourhood Houses		A range of events held throughout the year designed to give community the opportunity to connect	

Gardening

Neighbourhood houses offer gardening programs where people can learn new skills, care for plants, and participate in hands-on projects. These activities provide opportunities for physical activity, skill-building, and social connection, as well as promoting mental wellbeing through time spent outdoors.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Community Garden	Trudewind Road Neighbourhood House	When the centre is operating	A garden for the community to enjoy	02 6024 3950
	Yackandandah Community Centre	When the centre is operating	Meet Saturday mornings from 9.00am all welcome	02 6027 1743
	Chiltern Neighbourhood House	When the centre is operating	A garden for the community to enjoy	03 5726 1405
	King Valley Community Centre	When the centre is operating	Fresh produce grown to support the community	03 5727 9548
	Open Door Neighbourhood House	When the centre is operating	Fresh produce grown to support the community and programs	03 5721 9175
	Mount Beauty Neighbourhood Centre	Monday to Friday 10.00am-3.00pm	Fresh produce grown to support the community	03 5754 1166
	Felltimber Community Center	When the centre is operating	A garden for the community to enjoy.	0432 115 602
	Myrtleford Neighbourhood Centre	When the centre is operating	Fresh produce grown to support the community	03 5752 2775
	Quercus Beechworth	When the centre is operating	A garden for the community to enjoy	0403 865 095
	Tallangatta Neighbourhood House	First Sunday of the month	Growing produce for the whole community to enjoy	0408 573 474
	Yarrawonga Mulwala Community and Learning centre	When the centre is operating	Interactive Garden	03 5744 3911
Plant Stall	Trudewind Road Neighbourhood House	Monday to Thursday 9.00am-3.00pm	Various plants for sale	02 6024 3950
Garden Group	Mount Beauty Neighbourhood Centre	Tuesdays 9.30am-11.00am	Green Thumbs Garden group with free morning tea Social network	03 5754 1166
	King Valley Community Centre	Contact the house for details	Various activities throughout the year	03 5727 9548
	Yackandandah Community Centre	Saturday mornings	Various workshops run throughout the year	02 6027 1743
	Corryong Neighbourhood Centre	Contact the house for details	Monthly garden visits, workshops and activities Annual open garden weekend	0428 449 248

Social Enterprises

Some neighbourhood houses run social enterprises – businesses that reinvest profits into community programs and services. These enterprises provide opportunities to volunteer, gain work experience, develop skills, and access training, while contributing to their community in meaningful ways.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Op Shop	Yackandandah Community Centre	Monday to Friday 10.00am-3.00pm Second Saturday and third Sunday of the month 10.00am-2.00pm	Community based Op Shop	02 6027 1743
	Quercus Beechworth 12 Camp Street Beechworth	Monday to Friday 10.00am-4.00pm Saturday to Sunday 10.00am-2.00pm	Community based Op Shop	0403 865 095
	Chiltern Neighbourhood House	7 days 10.00am-3.00pm	Community based Op Shop	03 5726 1405
	King Valley Community Centre	Third Saturday of the month	Pop up Op Shop	03 5727 9548
Second Hand Bookshop	Quercus Beechworth 26 Ford Street Beechworth	7 days a week 10.00am-4.00pm	Secondhand Book Shop	0403 865 095
Community Garage	Corryong Neighbourhood Centre 38 Main Street, Walwa	Bookings by appointment	One stop shop for all vehicles, equipment, marine and small engines plus auto electrics, tyre sales, fittings, balancing and alignment.	0428 449 248
Catering	Mount Beauty Neighbourhood Centre	Booking by appointment	Small and large events – inhouse and offsite	03 5754 1166
Home Care Meals	Mount Beauty Neighbourhood Centre	Once a week	Delivering meals to community members with care. Packages in place as well as people need	03 5754 1166
Plant Stall	Trudewind Road Neighbourhood House	Open Monday to Thursday 9.00am-3.00pm	A variety of plants for sale Donations welcome	02 6024 3950
Art and Craft Supplies	Trudewind Road Neighbourhood House	Open Monday to Thursday 9.00am-3.00pm	A variety of art and craft supplies for sale	02 6024 3950
Trudewind Road Gallery and gift store	Trudewind Road Neighbourhood House	Open Monday to Thursday 9.00am-3.00pm	A large range of art and craft items at great prices	02 6024 3950

Family

Supporting families is at the heart of many neighbourhood house activities. Programs such as playgroups and parents' groups help parents and children connect, build friendships, develop skills, and access support, while promoting child development and overall family wellbeing.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Child Services	Tallangatta Neighbourhood House	Weekly	Child support services including childcare, kindy, playgroup and Maternal Health can be accessed via Towong Shire Council	1300 365 000
Playgroup	Baranduda Community Centre	Weekly Mondays	Community Playgroup	02 5005 7844
	Chiltern Playgroup	Friday mornings	Community playgroup held at the Neighbourhood House	03 5726 1405
	Felltimber Community Centre	Various Weekly Sessions	Various types such as council assisted playgroup, community playgroup, grandparents, and multiple birth. These may change due to need	0432 115 601
	Bandiana Neighbourhood House	Tuesdays and Thursdays	Play group for Defence Families	02 6053 1008
	Tallangatta Neighbourhood House	Weekly Tuesdays	Playgroup via Towong Shire	0408 573 474
New Parents Group	Felltimber Community Centre	Weekly Thursdays	Council managed program delivered by Early years team for parents with newborns	0432 115 602
Kids School Holiday Programs	Felltimber Community Centre	School Holidays	Programs during the school holidays	0432 115 602
	Bandiana Neighbourhood House	School Holidays	Programs during the school holidays for defence families	02 6053 1008
	Bandiana Neighbourhood House	School Holidays	Programs during the school holidays for defence families	02 6053 1008
	Baranduda Community Centre	School Holidays	Programs are run during the school holidays contact the centre	02 5005 7844
	Quercus Beechworth	School Holidays	Kids school holiday programs visit quercusbeechworth.org.au for more information	0403 865 095
Family Social Events	Bandiana Neighbourhood House	Various events throughout the year	For defence families to get together and socialise	02 6053 1008
	Pangerang Community Hub	Outdoor Movie Nights	Contact for details	03 5721 3813
	Pangerang Community Hub	Outdoor Movie Nights	Contact for details	03 5721 3813

Learning

Expanding knowledge and skills is a key focus of neighbourhood house learning programs. From computer courses to employment skills workshops, these programs help people gain confidence, enhance their capabilities, and increase opportunities for education, work, and community participation.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Be Connected	Pangerang Community Hub	Tuesdays 9.30am	Be Connected – Aust Govt Initiative to assist in digital world	03 5721 3813
	Chiltern Neighbourhood House	Wednesdays 10.30am	Be Connected – Aust Govt Initiative to assist in digital world	03 5726 1405
	Mount Beauty Neighbourhood Centre	Bi-Annual	Be Connected – Aust Govt Initiative to assist in digital world	03 5754 1166
	Trudewind Road Neighbourhood House	Tuesday 10.00am-12.00pm	Be Connected Over 55's – Aust Govt Initiative to assist in digital world	02 6024 3950
	Corryong Neighbourhood Centre	Available during opening hours	Be Connected – Aust Govt Initiative to assist in digital world	0428 449 248
	King Valley Community Centre	Monday and Wednesday	Be Connected – Aust Govt Initiative to assist in digital world	03 5727 9548
	Myrtleford Neighbourhood Centre	Monday, Wednesday and Friday	Be Connected – Aust Govt Initiative to assist in digital world	03 5752 2775
Computer Courses	Pangerang Community Hub	Held on demand	Various, including introduction to computers etc.	03 5721 3813
	King Valley Community Centre	Held on demand	Various	03 5727 9548
	Yarrawonga Mulwala Community and Learning Centre	Held on demand at Learning Centre	Various	03 5744 3911
	Mount Beauty Neighbourhood Centre	By appointment	IT – Learn how to use Google, email, social media	03 5754 1166
	Myrtleford Neighbourhood Centre	Held on demand	Various	03 5752 2775
	Yackandandah Community Centre	Held on demand	Various	02 6027 1743
	Open Door Neighbourhood House	Wednesday	Beginner computers, intermediate computers and 1:1 classes available	03 5721 9175

WHAT	WHERE	WHEN	SUMMARY	CONTACT
	Corryong Neighbourhood Centre	Available during opening hours	Technology Playgroup – 1:1 technology support on demand	0428 449 248
Digital Essentials	Yarrawonga Mulwala Community and Learning Centre	Held on demand at Learning Centre	Digital Essentials – Level 1 and Level 2 (learn how to use smartphones, iPads, laptops, connect safely to internet, social media, emails, apps, etc.	03 5744 3911
	Mount Beauty Neighbourhood House	By appointment	Digital computer courses level 1 & 2 How to use office 365, Zoom, Teams. Canva (online design) and Xero	03 5754 1166
iPads	Trudewind Road Neighbourhood House	Mondays 12.30pm-3.00pm	Making the most of your iPad	02 6024 3950
Learning	Tallangatta Neighbourhood House	Held on Demand	A wide variety of workshops and courses are held throughout the year	0408 573 474
	Yackandandah Community Centre	Held on Demand	A wide variety of workshops and courses are held throughout the year	02 6027 1743
	Quercus Beechworth	Workshops and accredited courses throughout the year	Visit website quercusbeechworth.org.au for information and bookings	0403 865 095
IT Helpdesk	Quercus Beechworth	Fortnightly on a Tuesday	Come and get IT support	0403 865 095
Employment Skills	Myrtleford Neighbourhood Centre	As required	This is to assist members of the community become job ready 1:1 available	03 5752 2775
	Corryong Neighbourhood Centre	Online	Upper Murray Employment page. For employers and people looking for work	0428 449 248
Family Tree	King Valley Community Centre	Wednesdays	Assistance with information and resources	03 5727 9548
	Myrtleford Neighbourhood House	Fridays	Assistance with information and resources	03 5752 2775
Literacy and Numeracy	Open Door Neighbourhood House	Fridays	Group and 1:1 available	03 5721 9175
	Myrtleford Neighbourhood Centre	As required	1:1 available	03 5752 2775
	King Valley Community Centre	As required	1:1 available	03 5727 9548
Photography	Yarrawonga Mulwala Community and Learning Centre	Held on demand at Learning Centre	Learn the basics of photography using a Digital SLR camera	03 5744 3911

WHAT	WHERE	WHEN	SUMMARY	CONTACT
	Mount Beauty Neighbourhood Centre	Expressions of interest	Learn more about using your Digital SLR Camera and use some of our equipment to enhance your skills	03 5754 1166
Snow Sports Technician	Mount Beauty Neighbourhood Centre	Dates varied yearly	Pre-accredited course over three days for working in the ski industry	03 5754 1166
Sustainable and Reliant Homes	Mount Beauty Neighbourhood Centre	2 days	Designing for life style climate change and disaster.	03 5754 1166
Hospitality	Mount Beauty Neighbourhood Centre	Runs each term	Holistic approach to commercial cooking	03 5754 1166
Horticulture	King Valley Community Centre	Saturdays – confirm dates with the house	A entry level course that covers topics such as propagation, seed collection and soil testing	03 5727 9548
Tutoring	Pangerang Community Hub	As required	Computer, phones and iPads	03 5721 3813
	Mount Beauty Neighbourhood Centre	As required	Computer, phones and iPads	03 5754 1166
	Open Door Neighbourhood House	Wednesdays	Computer, Phone, Tablet, Online services, Literacy and Numeracy	03 5721 9175
	Myrtleford Neighbourhood Centre	As required	For all IT needs as well as small group life skills	03 5752 2775
	King Valley Community Centre	As required	For all IT needs as well as small group life skills	03 5727 9548
	Corryong Neighbourhood Centre	As required	All Technology	0428 449 248
	Quercus Beechworth	As Required	School Tutoring	0403 865 095
	Trudewind Road Neighbourhood House	By appointment	Computer, phone and tablet Tutoring	02 6024 3950
	Yackandandah Community Centre	As Required	School Tutoring	02 6027 1743
	Pangerang Community Hub	Tuesday Morning by appointment	All devices	03 5721 3813

Accredited Courses

Neighbourhood houses offer accredited courses that provide formal qualifications in areas such as business, health, community services, and more. These courses give people the opportunity to gain recognised credentials, improve their employment prospects, and build confidence while learning in a supportive, community-based environment.

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Cardio Pulmonary Resuscitation (CPR)	Quercus Beechworth	Held on Demand	Visit website quercusbeechworth.org.au for information	0403 865 095
	Myrtleford Neighbourhood Centre	Held on Demand	Learn the skills to perform Cardiopulmonary Resuscitation	03 5752 2775
	Chiltern Neighbourhood House	Held on Demand	Learn the skills to perform Cardiopulmonary Resuscitation	03 5726 1405
	Corryong Neighbourhood Centre	Held on Demand	Learn the skills to perform Cardiopulmonary Resuscitation	0428 449 248
	Mt Beauty Neighbourhood Centre	Contact the centre for dates	Learn the skills to perform Cardiopulmonary Resuscitation www.mountbeauty.org.au/book-online	03 5754 1166
	King Valley Community Centre	Held on Demand	Learn the skills to perform Cardiopulmonary Resuscitation	03 5727 9548
	Yarrowonga Mulwala Community and Learning Centre	Held regularly each month at the Learning Centre. Can also be held onsite at a business or club if required	HLTAID009 – Learn the skills to perform Cardiopulmonary Resuscitation	03 5744 3911
	Yackandandah Community Centre	Held on demand	Learn the skills to perform Cardiopulmonary Resuscitation	02 6027 1743
	Bandiana Neighbourhood House	Held on demand	Learn the skills to perform Cardiopulmonary Resuscitation	02 6053 1008
	Tallangatta Neighbourhood House	Held on demand	Learn the skills to perform Cardiopulmonary Resuscitation	0408 573 474
First Aid	Quercus Beechworth	Held on demand	Visit website quercusbeechworth.org.au for information	0403 865 095
	Yackandandah Community Centre	Held on demand	Learn first aid skills, including Cardiopulmonary	02 6027 1743

WHAT	WHERE	WHEN	SUMMARY	CONTACT
			Resuscitation	
	Myrtleford Neighbourhood Centre	Held on demand	Learn first aid skills, including Cardiopulmonary Resuscitation	03 5752 2775
	Corryong Neighbourhood Centre	Held on demand	Learn first aid skills, including Cardiopulmonary Resuscitation	0428 449 248
	Chiltern Neighbourhood House	Held on demand	Learn first aid skills, including Cardiopulmonary Resuscitation	03 5726 1405
	Mount Beauty Neighbourhood Centre	Contact the centre for dates	Learn the skills, to perform CPR/First Aid/Childcare first aid www.mountbeauty.org.au/book-online	03 5754 1166
	King Valley Community Centre	Held on demand	Learn first aid skills, including Cardiopulmonary Resuscitation.	03 5727 9548
	Yarrawonga Mulwala Community and Learning Centre	Held regularly each month at the Learning Centre. Can also be held onsite at a business or club if required	HLTAID011 and HLTAID012 Learn first aid skills, including Cardiopulmonary Resuscitation	03 5744 3911
	Bandiana Neighbourhood House	Held on demand	Learn first aid skills, including Cardiopulmonary Resuscitation	02 6053 1008
	Baranduda Community Centre	Held on Demand	Kids and Level 2 First Aid	02 5005 7844
	Tallangatta Neighbourhood House	Held on demand	Learn first aid skills, including Cardiopulmonary Resuscitation	0408 573 474
Responsible Service of Alcohol (RSA)	Myrtleford Neighbourhood Centre		On Line	03 5752 2775
	King Valley Community Centre		On Line	03 5727 9548
	Corryong Neighbourhood Centre		On Line	0428 449 248
	Yarrawonga Mulwala Community and Learning Centre	Regularly each month at Learning Centre	Learn the principles of responsible service of alcohol	03 5744 3911
Food Safety	Myrtleford Neighbourhood Centre		On Line	03 5752 2775
	King Valley Community Centre		On Line.	03 5727 9548

WHAT	WHERE	WHEN	SUMMARY	CONTACT
	Corryong Neighbourhood Centre		On Line	0428 449 248
	Yarrawonga Mulwala Community and Learning Centre	Held on demand	Learn safe hygiene practices when handling food. Accredited course (SITXFSA005)	03 5744 3911
Massage	Felltimber Community Centre	Held on demand	Run through Evolve College	0432 115 602
Heirloom Seeds	Mount Beauty Neighbourhood Centre	Bi-Monthly	Are you passionate about gardening and sustainable farming? Curious about heirloom seeds and how they can benefit your garden?	03 5754 1166
Ability Me and Pathways 2 possibilities	Open Door Neighbourhood House	Held on demand	A fusion of certificate 1 in Work Education and Transition Education, pre-accredited Literacy and Numeracy and life skills for learners with a permanent cognitive or intellectual impairment. This program will allow learners to find success and purpose that will help them gain the confidence and skills to succeed.	03 5721 9175
Coffee Making	Yarrawonga Mulwala Community and Learning Centre	Held on demand at Learning Centre	Learn the basics of espresso coffee making and gain practical skills.	03 5744 3911

Upper Murray Regional Neighbourhood House Network

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