

This resource was developed as part of the Behind the Scenes at the Neighbourhood House project funded by the Victorian Responsible Gambling Foundation through their Prevention Partnership Program. The project aims to reduce gambling related harm by creating opportunities for people to connect and participate in community activities as an alternative to gambling, and by reducing loneliness and social isolation, both risk factors in gambling related harm.

For more information, go to www.uppermurraynhn.org or contact Network Coordinator at umrnhn@bigpond.com

April 2022

## Purpose of this guide

This resource is designed to give service providers working with clients in the Upper Murray region information about community-based, local activities offered by neighbourhood houses.

These activities range in cost from free to fee for service. Clients can be referred and supported to participate in these activities where appropriate.

# Why refer to a **neighbourhood house?**

Neighbourhood houses (also known as neighbourhood centres, community centres, community houses, learning centres and community learning centres) are well recognised by the Victorian Government as playing an important role in building vibrant communities through a unique structure and community development approach.

They are identified as being significant places of inclusion, providing valuable social, recreational, educational and training opportunities. They are welcoming, non-threatening places, where anyone can come to meet new people, contribute to their community, get helpful information and learn new skills. They connect people through their diverse volunteering roles, and through their programs, services, information, support and community activities.

#### Programs offered are diverse, and include:

- Community meals
- Community transport
- Exercise
- Health and wellbeing
- Music
- Art and craft
- Family support programs
- Vocational education and training

- Literacy and numeracy training
- Emergency preparedness
- Environmental sustainability
- Indigenous and CALD cultural activities
- School holiday programs
- Playgroups and childcare
- Youth groups

Some neighbourhood houses also provide services such as Centrelink and VicRoads. Several run social enterprises.

Although neighbourhood houses differ from each other in many ways, they are united by the Neighbourhood House Sector Framework and therefore aim to:

- assist community members to make their communities fairer and more sustainable with the resources, services and infrastructure they need
- empower communities to have more control over their own destiny
- encourage personal growth, self-help and the sharing of knowledge

# Using this guide to **support the health** and wellbeing of your clients:



#### Step 1 – Can neighbourhood houses meet your needs?

Discuss with your client whether community-based activity will provide them with the support they need.



#### Step 2 – Find a good fit

Review locations on the map (p5) to see which neighbourhood houses are the most accessible. Look through the categories and list of offerings to find what most interests your client.

#### Categories:

	Sharing tood	12
•	Food relief	13
•	Cooking classes	14
•	Health and wellbeing	15
•	Social groups and programs	18
•	Art and craft groups and programs	20
•	Community programs	23
•	Social enterprises	26
•	Family	28
•	Learning	29
•	Accredited courses	32



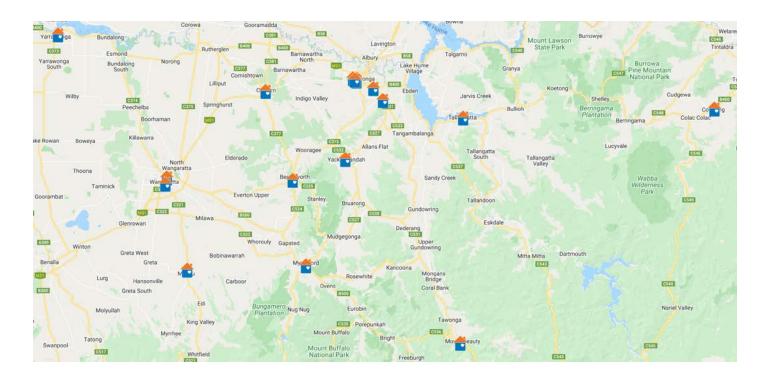
#### Step 3 – Set it up

Give your client the information they need to follow it up themselves, or you may want to make an appointment time for them to visit the neighbourhood house.

**Disclaimer:** Longevity of guide – not everything is going to be available all the time. Please always call the neighbourhood house to check the availability of program. Check the Upper Murray Regional Neighbourhood House website for the most recent version of this Referral Guide: www.uppermurraynhn.org

### Locations

In the Upper Murray Region, there are 16 neighbourhood houses located in 12 different communities in six Local Government Areas: Indigo, Wodonga, Wangaratta, Moira, Alpine, Towong.



#### **CITY OF WODONGA**

#### BANDIANA NEIGHBOURHOOD HOUSE



Bandiana Army Base, Wattle Road, Gaza Ridge Barracks, Bandiana VIC 3694

Phone: 02 6053 1008

Email: bandihouseinc@gmail.com

Website: no website



#### Ongoing facilities and services:

- Meeting rooms (large, small)
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Play space
- Accessible toilets
- Photocopying and printing
- Computer and internet access

### BARANDUDA COMMUNITY CENTRE



3 Sage Court, Baranduda VIC 3691

Phone: 02 6020 8643

Email:

cbaranduda@wodonga.vic.gov.au

Website: www.wodonga.vic.gov.au



- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Play space
- Accessible toilets
- Photocopying and printing
- Computer and internet access

#### **CITY OF WODONGA**

#### BIRALLEE PARK NEIGHBOURHOOD HOUSE



39 Emerald Avenue, West Wodonga VIC 3690

Phone: 02 6059 2590

Email: admin@birhouse.com.au

Website: no website



#### Ongoing facilities and services:

- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Photocopying and printing
- CV assistance
- Computer and internet access

### FELLTIMBER COMMUNITY CENTRE



101 Melrose Drive, West Wodonga VIC 3690

Phone: 02 6043 4550

Email:

cfelltimber@wodonga.vic.gov.au

Website: www.wodonga.vic.gov.au



#### Ongoing facilities and services:

- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Youth space
- Work shed
- Accessible toilets
- Gallery
- Photocopying and printing
- CV assistance
- Computer and internet access
- Employment Services

### TRUDEWIND ROAD NEIGHBOURHOOD HOUSE



44 Quirk Court, Wodonga VIC 3690

Phone: 02 6024 3950

Email: trudewind@bigpond.com Website: trudewindnhouse.com

- Meeting rooms (large, small)
- Classrooms, including computer room
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Gallery (Art and Craft)
- Photocopying and printing
- CV assistance
- Computer and internet access
- Community Garden

#### **TOWONG SHIRE**

### CORRYONG NEIGHBOURHOOD CENTRE



39 Hansen Street, Corryong VIC 3707

Phone 02 6076 2176

Email: sara@corryongnc.org

Website: corryongnc.org



#### Ongoing facilities and services:

- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Play space
- Work shed
- Accessible toilets
- Photocopying and printing
- CV assistance
- Services Australia Agency
- Vic Roads Agency
- Computer and internet access
- Youth space
- Visiting Services
  - Hume Riverina Community Legal Services
  - Health Services Eye Care, Headspace, Albury Wodonga Health
  - Upper Murray Family Care
  - Salvo Care
  - Good Shepherd

#### TALLANGATTA NEIGHBOURHOOD HOUSE



35 Towong Street, Tallangatta VIC 3700

Phone: 02 6071 5100

Email:

Tallangatta.nh@towong.vic.gov.au



- Function/event area
- Kitchen
- Tea/coffee making facilities
- Accessible toilets
- Can assist with meeting, workshop and events spaces

#### **ALPINE SHIRE**

#### MOUNT BEAUTY NEIGHBOURHOOD CENTRE



Tennis Court Ave, Mt Beauty VIC 3699

Phone: 03 5754 1166

Email: info@mountbeauty.org.au Website: www.mountbeauty.org.au



Ongoing facilities and services:

- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Work Shed
- Accessible toilets
- Gallery
- Fuji Photo Lab, including photo restoration
- Business and Secretarial Services
- CV assistance
- Computer and internet access
- Book binding
- Recharge Point
- Service Australia Agency
- Community Garden
- Photocopying, scanning and printing
- Visiting Services
  - Hume Legal Service
  - New Access
  - Bone Density Bus
  - Breastscreen Bus
  - Centrelink Bus

### MYRTLEFORD NEIGHBOURHOOD CENTRE



156 Myrtle Street, Myrtleford VIC 3737

Phone: 03 5752 2775

Email: themnc@people.net.au
Website: www.myrtlefordnc.org.au



- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Play space
- Tax Help
- Accessible toilets
- Photocopying and printing
- Computer and internet access
- Visiting Services
  - Employment Services
  - Wodonga TAFE Reconnect
  - Wodonga TAFE Skills& Jobs Centre
  - Alpine & Albury Wodonga Health
  - Hume Riverina Legal Services

#### **INDIGO SHIRE**

#### CHILTERN NEIGHBOURHOOD HOUSE



11 Main Street, Chiltern VIC 3683

Phone: 03 5726 1405

Email: m.murphy@inh.org.au



#### Ongoing facilities and services:

- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Play space
- Work shed
- Accessible toilets
- Gallery
- Photocopying and printing
- CV assistance
- Computer and internet access
- Visiting Services
  - Wodonga TAFE Skills
     Jobs Centre

#### QUERCUS BEECHWORTH



30 Ford Street, Beechworth VIC 3647

Phone: 03 5728 2386

Email: reception@ quercusbeechworth.com.au

Website:

www.quercusbeechworth.com.au



#### Ongoing facilities and services:

- Meeting rooms (large, small)
- Function/event area
- Commercial Kitchen hire
- Tea/coffee making facilities
- Outdoor sitting area
- Public toilets
- Community Garden with seating and tables
- Photocopying and printing
- Centrelink Access Point
- Emergency Relief assistance
- WiFi
- Visiting Services
  - Employment Services
  - Wodonga TAFE Skills& Jobs Centre

#### YACKANDANDAH COMMUNITY CENTRE



39 High Street, Yackandandah VIC 3749

Phone: 02 6027 1743

Email: manager@ycc.org.au Website: www.ycc.org.au



- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Photocopying and printing
- Internet access
- Visiting Services
  - Latrobe NDIS Services

#### **RURAL CITY OF WANGARATTA**

### PANGERANG COMMUNITY HOUSE



38 Ovens Street, Wangaratta 3677

Phone: 03 5721 3813

Email:

coordinator@pangerang.org.au

Website: pangerang.org.au



#### Ongoing facilities and services:

- Meeting rooms (large, small)
- Large interactive smart board with camera for hybrid meetings
- Classroom
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- BBQ
- Play space
- Accessible toilets
- Photocopying and printing
- Computer and internet access

#### OPEN DOOR NEIGHBOURHOOD HOUSE



61 Burke Street Yarrunga, Wangaratta VIC 3677

Phone: 03 5721 9175

Email:

coordinator@opendoornh.org.au

Website: www.opendoornh.org.au



#### Ongoing facilities and services:

- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Accessible toilets
- Photocopying and printing
- Tax Help
- Computer and internet access

### KING VALLEY LEARNING EXCHANGE



2533 Wangaratta-Whitfield Road, Moyhu VIC 3732

Phone: 03 5727 9548

Email: kvle@people.net.au

Wahsita.

www.kingvalleylearningexchange.

org.au



- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen (commercial)
- Tea/coffee making facilities
- Outdoor sitting area
- Play space
- Work shed (men's shed)
- Accessible toilets
- Photocopying and printing
- Tax Help
- Computer and internet access
- Visiting Services
  - Gateway Health

#### **MOIRA SHIRE**

#### YARRAWONGA MULWALA COMMUNITY AND LEARNING CENTRE



1 Hargrave Court, Yarrawonga VIC 3730

Phone: 03 5744 3911

Email: manager@ynh.org.au Website: www.ymclc.edu.au



Ongoing facilities and services:

- Meeting rooms (large, small)
- Classrooms
- Function/event area
- Kitchen
- Tea/coffee making facilities
- Outdoor sitting area
- Interactive garden
- Accessible toilets
- Photocopying and printing
- Newcomer Packs
- Services Australia Agency
- Computer and internet access
- Visiting Services

### **Volunteering**

Volunteering has been proven to have a meaningful and positive impact on individuals and communities. The benefits of volunteering are many; people who volunteer are happier, healthier and sleep better than those who don't. Other benefits include:

- Helping you make new friends and contacts
- Increasing your social and relationship skills
- Increasing self-confidence
- Helping combat depression
- Helping you stay physically active and healthy
- Providing work experience
- Teaching you invaluable job skills
- Bringing fun and fulfilment to your life

The time contributed to volunteering can be large or small. People shouldn't be deterred by thinking they have to commit to a permanent or regular arrangement.

Contact any of the neighbourhood houses listed for more information about volunteering.

## **Sharing** food

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Community Meal	Pangerang Community House	Tuesdays	Soup and jaffle Tuesdays with a lovely group of people.	03 5721 3813
	Pangerang Community House	Monthly	Celebrate the diversity of cultures living in our community with dinner and cooking workshops.	03 5721 3813
	Open Door Neighbourhood House	Fortnightly	2 course meal and enjoy company of others over lunch. Donations accepted.	03 5721 9175
	King Valley Learning Exchange	Wednesdays	Community lunch – donations welcome.	03 5727 9548
Sunday Breakfast	Mount Beauty Neighbourhood Centre		Workshops, resources, information sharing, free frozen meals.	03 5754 1166
Community Cooking	Felltimber Community Centre	Weekly during school term	Social cooking club for all providing life skills, food security, and social connection.	02 6043 4550
	Pangerang Community House	Mondays during school terms	Small group cooking sessions. Learn to cook healthy meals and snacks on a budget.	03 5721 3813
Italian Café	Baranduda Community Centre	Monthly	An experience of Italian culture in a restaurant style setting while bringing community together.	02 6020 8643
Social Lunch	Yarrawonga Community and Learning Centre	Fridays during school terms	Salads in the summer and soups in the winter over some socialising and/or craft.	03 5744 3911

## Food **Relief**

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Community Pantry	Felltimber Community Centre	Monday to Friday, 9.00am-3.00pm	Free community food pantry for all. Pantry items and limited frozen meals. Supported by Albury Wodonga Regional Foodshare.	02 6043 4550
	King Valley Learning Exchange	Monday to Friday	Contact the house for information.	03 5727 9548
	Myrtleford Neighbourhood Centre	Monday to Friday	Contact the house for Information.	03 5752 2775
	Open Door Neighbourhood House	Monday to Friday	Community Food For All, take what you need – leave what you can.	03 5721 9175
Alpine Fresh Food Network	Mount Beauty Neighbourhood Centre		Workshops, resources, information sharing, free frozen meals.	03 5754 1166
'Our table to yours' Project	Birallee Park Neighbourhood House	9.00am-2.30pm Monday to Friday	Free healthy nutritional frozen meals.	02 6059 2590
Food is free @ Birallee Cart	Birallee Park Neighbourhood House	Mondays during school terms	Small group cooking sessions. Learn to cook healthy meals and snacks on a budget.	03 5721 3813
Grow Free Stall	Quercus Beechworth		Fresh produce swap.	03 5728 2386
Albury Wodonga Food Share Outlet	Chiltern Community Centre		Contact the house for Information.	03 5726 1405
	Birallee Park Neighbourhood House		Contact the house for Information.	02 6059 2590
	King Valley Learning Exchange		Through Community Food Share Program.	03 5727 9548
	Myrtleford Neighbourhood Centre		Through Community Food Share Program.	03 5752 2775
	Quercus Beechworth	Mon to Friday 10.00am-4.00pm	Free frozen meals for anyone in need.	03 5728 2386

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Moira Shire Foodshare Distribution Point	Yarrawonga Community and Learning Centre	Monday to Friday	Staple food boxes available. Fresh hampers upon request.	03 5744 3911
Food Share Table	King Valley Learning Exchange	Second Saturday of the month at market	Excess Produce and seeds table for sharing.	03 5727 9548

## Cooking classes

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Cooking Classes	Pangerang Community House	Mondays during school term	Small group cooking sessions. Learn to cook healthy meals and snacks on a budget.	03 5721 3813
	Felltimber Community Centre	Various	Learn practical skills in the kitchen.	02 6043 4550
	Open Door Neighbourhood House	Various	Learn Practical skills in the kitchen.	03 5721 9175
	Baranduda Community Centre	Various	Learn practical skills in the kitchen.	02 6020 8643
	Mount Beauty Neighbourhood Centre	Various	Creating culinary delights with local chef.	03 5754 1166
	King Valley Learning Exchange	Various	Learn practical skills in the kitchen.	03 5727 9548
	Tallangatta Neighbourhood House	Various	A wide range of cooking classes held throughout the year.	1300 365 222
Grand Parent Know How	Felltimber Community Centre		An activity in partnership with a local college to teach students easy to replicate recipes. A chance for our senior volunteers to benefit from the social interaction with the kids while teaching cooking skills.	02 6043 4550
Alpine Fresh Food Network	Mount Beauty Neighbourhood Centre		Workshops, resources, sharing information.	03 5754 1166

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Barista Class	Mount Beauty Neighbourhood Centre		Beginners' barista class.	03 5754 1166
	Yarrawonga Community and Learning Centre	Held on demand	Learn the basics of espresso coffee making, and gain practical skills.	03 5744 3911
Cheesemaking	Mount Beauty Neighbourhood Centre		Check with the house for details.	03 5754 1166
Café Small Business Enterprise	Mount Beauty Neighbourhood Centre		Rose Garden community Café. Training and fundraising.	03 5754 1166
Plant to Plate	Yarrawonga Mulwala Community and Learning Centre	Held on Demand	Volunteers assist with garden bed maintenance. Produce grown is taken to the kitchen and recipes developed depending on what is ready. Assists the Foodshare program.	03 5744 3911

## Health and wellbeing

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Yoga	Pangerang Community House	Wednesdays during school term	Hatha Yoga.	03 5721 3813
	Chiltern Neighbourhood House		Check with the house for details.	03 5726 1405
	Baranduda Community Centre	Weekly	Check with the house for details.	02 6020 8643
	Myrtleford Neighbourhood House	Friday and Saturday	Laughter Yoga.	03 5752 2775
	Open Door Neighbourhood House	Tuesday afternoons	Dru Yoga.	03 5721 9175

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Yoga	Felltimber Community Centre	Weekly during school term	Wayapa® is an earth connection practice that is based on ancient Indigenous wisdom that focuses on taking care of the Earth as the starting point for creating Earth Mind Body Spirit well-being.	02 6043 4550
Meditation	Felltimber Community Centre	Thursdays weekly	Learn the art of relaxation to support reducing stress and improve your overall health and wellbeing.	02 6043 4550
Pilates	Chiltern Neighbourhood House		Check with the house for details.	03 5726 1405
Martial Arts	Quercus Beechworth	Tuesdays	Albury Wodonga Martial Arts. Adults and children welcome.	03 5728 2386
Tai Chi	Birallee Park Neighbourhood House	Fridays 8.00am-9.00am	Tai chi with Stacey.	02 6059 2590
	Mount Beauty Neighbourhood Centre	Mondays. Thursdays and Fridays	Tai Chi for health and relaxation.	03 5754 1166
	Open Door Neighbourhood House	Wednesdays	Low impact Tai Chi.	03 5721 9175
	King Valley Learning Exchange	Tuesdays	Tai Chi.	03 5727 9548
	Chiltern Neighbourhood House	Wednesdays 10.00am	Check with the house for details.	03 5726 1405
Wellbeing	Tallangatta Neighbourhood House	Various	A wide variety of activities held throughout the year to improve health and wellbeing.	1300 365 222
Ballroom Dancing	Mount Beauty Neighbourhood Centre		All styles of dancing singles and couples welcome.	03 5754 1166
Ballroom Dancing	Quercus Beechworth	Thursdays 7.00pm	Beechworth Dance all welcome.	03 5728 2386
Celtic Dancing	Quercus Beechworth	Mondays 4.00pm-6.00pm	Cathies Celtic Dance.	03 5728 2386

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Singing Group	Mount Beauty Neighbourhood Centre		Check with House for details.	03 5754 1166
Complementary Therapy	Mount Beauty Neighbourhood Centre	Third Saturday of the month	Holistic information monthly sessions.	03 5754 1166
Weight Loss Group	Trudewind Road Neighbourhood House	Fridays 8.30am-10.00am	Informal friendly and supportive group.	02 6024 3950
The Achievers	Mount Beauty Neighbourhood Centre		Self-directed low impact exercise and diet program.	03 5754 1166
Walking Group	Bandiana Neighbourhood House		Walking group for military families.	02 6053 1008
Gentle Exercise	Open Door Neighbourhood House	Friday Mornings	Friendly easy-going class using light hand weights.	03 5721 9175
Strength Training	Mount Beauty Neighbourhood Centre		Low impact exercise program.	03 5754 1166
Women's Wellness Workshops	Pangerang Community House	Saturdays	Facilitated art, craft, yoga and information sessions to explore and implement positive mental health into our lives.	03 5721 3813
Women's Wellness	King Valley Learning Exchange		Contact House for more information.	03 5727 9548
	Myrtleford Neighbourhood House		Contact House for more information.	03 5752 2775

## Social groups and programs

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Music Group	Felltimber Community Centre	Weekly on a Wednesday	For all levels.	02 6043 4550
	Baranduda Community Centre	Fortnightly on a Wednesday	Music to movement with Murray Conservatorium 0-7 Years.	02 6020 8643
Social Group	Bandiana Neighbourhood House	Monthly Fridays	Out to dinner social group for military families.	02 6053 1008
Coffee Club	Mount Beauty Neighbourhood Centre	Fridays	Coffee Club to meet new friends.	03 5754 1166
Games and Giggles	Birallee Park Neighbourhood House	Tuesday 1.00pm-3.00pm	Come along for an afternoon of fun and games!	02 6059 2590
Friday – Open Door	Yarrawonga Mulwala Community and Learning Centre	Fridays	Lonely or bored? Come for a cuppa and a chat, make a little artwork or just socialise and make new friends.	03 5744 3911
Grand Parent Know how	Felltimber Community Centre		An activity in partnership with a local college to teach students easy to replicate recipes. A chance for our senior volunteers to benefit from the social interaction with the kids and teach them cooking skills.	02 6043 4550
Support Group	Mount Beauty Neighbourhood Centre		Cancer, Carers and Anxiety Support Groups.	03 5754 1166
YarrMul Carers Support Group	Yarrawonga Mulwala Community and Learning Centre	Monthly – every Third Thursday	Caring for a partner, relative or friend? Meet others who understand and listen to guest speakers and social activities.	03 5744 3911
General Programs	Chiltern Neighbourhood House	Various	Contact the house for details.	03 5726 1405
Defence Family Morning Tea	Baranduda Community Centre	Tuesday Mornings	Check with the House for details.	02 6020 8643

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Youth Program	Corryong Neighbourhood Centre		12-24 activities, youth space, youth working group (bushfire recovery).	02 6076 2176
Youth Hangout (Headspace)	Felltimber Community Centre	Fortnightly	A place where 18 to 25 year-olds can come and hangout, play games and grab something to eat.	02 6043 4550
Ave A Chat	Yarrawonga Mulwala Community and Learning Centre	Wednesdays	Do you enjoy sewing and craft? Join this friendly group where you can work on your project, share your ideas and knowledge, and just have fun with other craft-minded people.	03 5744 3911
Mah-Jong	Yarrawonga Mulwala Community and Learning Centre	Mondays	A game of skill, strategy, calculation and a certain amount of luck. Come along to socialise and enjoy a friendly game.	03 5744 3911
	Chiltern Neighbourhood House	Tuesdays 10.00am		03 5726 1405
Social Events	Tallangatta Neighbourhood House		A variety of social activities giving community the opportunity to connect.	1300 365 222
Women's Domestic Violence Support Group	Birallee Park Neighbourhood House	Every second Friday 9.30am-11.30am	Gold coin donation.	02 6059 2590
Beechworth Book Club	Quercus Beechworth		Book club.	03 5728 2386
Oral History	Yarrawonga Mulwala Community and Learning Centre	Work onsite and off at own pace Monthly meetings	Volunteers recording, transcribing and preserving the history of local identities and our community.	03 5744 3911
Boomerang Bags	Yarrawonga Mulwala Community and Learning Centre	Mondays	Boomerang Bags provide a free, fun, sustainable alternative to plastic bags, and you can be a part of this community movement. Join our group and make new friends when we get together to make bags regularly for wider community use.	03 5744 3911
Border Scale Modellers – Hobby Group	Trudewind Road Neighbourhood House	First Sunday of the month	Group that shares skills and ideas.	02 6024 3950

## Art and craft groups and programs

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Art & Craft	Tallangatta Neighbourhood House		A wide variety of activities are held throughout the year. An opportunity to socialise and get creative.	1300 365 222
Art & Craft Group	Bandiana Neighbourhood House	Monday Afternoon and Wednesday Night	For Military families. Bring your own project or create something on the day.	02 6053 1008
Art Group	Trudewind Road Neighbourhood House	Wednesdays 12.30pm-4.00pm	Bring current project and join a friendly group of likeminded people.	02 6024 3950
Art	Pangerang Community House	Thursday and Fridays afternoon and evening	Adult and Children Classes.	03 5721 3813
	Open Door Neighbourhood House	Thursdays	Paint Pots – create own projects.	03 5721 9175
	Mount Beauty Neighbourhood Centre		Both professional and beginner artists sharing skills.	03 5754 1166
	King Valley Learning Exchange	Last Saturday of the month	Passionate Pallets – Art Group.	03 5727 9548
	Myrtleford Neighbourhood Centre		Art for everyone, bring your own project or join what's happening.	03 5752 2775
	Chiltern Neighbourhood House	Fridays 9am		03 5726 1405
Craft Group	Pangerang Community House	Wednesday Evenings	A fun group of people who come together to chat, laugh and do a bit of craft!	03 5721 3813
	Mount Beauty Neighbourhood Centre		Meet and share craft projects.	03 5754 1166
	Trudewind Road Neighbourhood House		Catch up on projects in the company of a friendly group.	02 6024 3950
	Greta Valley Craft Group – Via King Valley Learning Exchange			03 5727 9548

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Craft	Pangerang Community House	Wednesday Evenings	Social Craft Group.	03 5721 3813
Craft n Cuppa	Felltimber Community Centre	Fridays weekly from 12.30pm-2.30pm	Social craft group where you can bring your own project or learn from others.	02 6043 4550
Craft-a-Noon	Birallee Park Neighbourhood House	Fridays 12.00pm-3.00pm	BYO craft project and have a tea / coffee with likeminded people.	02 6059 2590
Art & Craft Group – Friday Open Door	Yarrawonga Mulwala Community and Learning Centre	Fridays	Lonely or bored?  Come for a cuppa and a chat, make a little artwork or just socialise and make new friends.	03 5744 3911
Craft Group – Ave A Chat Crafters	Yarrawonga Mulwala Community and Learning Centre	Wednesdays	Do you enjoy sewing and craft?  Join this friendly group where you can work on your project, share your ideas and knowledge, and just have fun with other craftminded people.	03 5744 3911
Bring Your Own Craft Group	Trudewind Road Neighbourhood	Monday 9.30-12.00pm, 1.00pm-3.00pm or 6.00pm-9.30pm Wednesday and Thursdays 1.00pm- 3.00pm	Catch up on craft projects in company of friendly groups.	02 6024 3950
Bring Your Own Craft Group	Bandiana Neighbourhood House	Various one-off sessions	For Military families. Various sessions available throughout the year.	02 6053 1008
Bring Your Own Art Group	Trudewind Road Neighbourhood House	Wednesdays 12.30pm-4.00pm	Art Group – bring along current project and join this friendly group.	02 6024 3950
Beginners Drawing	Felltimber Community Centre	Varied	Learn the basics of drawing in this 6 week course.	02 6043 4550
Sewing – Boomerang Bags	Yarrawonga Mulwala Community and Learning Centre	Mondays	Boomerang Bags provide a free, fun, sustainable alternative to plastic bags, and you can be a part of this community movement. Join our group and make new friends when we get together to make bags regularly for wider community use.	03 5744 3911

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Sewing for All	Birallee Park Neighbourhood House	Thursdays 9.30am-12.30pm		02 6059 2590
Sewing	Quercus Beechworth			03 5728 2386
Sewing and Knitting Group	Trudewind Road Neighbourhood House	Last Friday of each month	Group meetings to make items for those in need.	02 6024 3950
Embroidery	Trudewind Road Neighbourhood House	Wednesdays 9.30am-12.00pm	Basic and Beyond Embroidery.	02 6024 3950
Spinning Group	Chiltern Neighbourhood House	Second and Fourth Thursday of the month. 7.00pm		03 5726 1405
Yak & Yarn	Chiltern Neighbourhood House	Mondays 10.00am		03 5726 1405
Mixed Media	Trudewind Road Neighbourhood House	Thursdays 9.15am-12.15pm	Mixed Media Art Journalling.	02 6024 3950
Oil Painting & Watercolour Classes	Trudewind Road Neighbourhood House	Thursdays 9.30am-12.30pm or 1.00pm-4.00pm	Painting – 10wk courses, your choice of medium.	02 6024 3950
	Chiltern Neighbourhood House			03 5726 0405
	Baranduda Community Centre	Weekly Thursdays	Art Class – unlock the artist in you.	02 6020 8643
	Birrallee Park Neighbourhood Centre		Painting and Drawing, Beginners and Intermediate.	02 6053 2590
	Bandiana Neighbourhood House	Various one-off sessions	For Military families. Various sessions available throughout the year.	02 6053 1008
Folk Art	Trudewind Road Neighbourhood House	Tuesdays 9.30am-12.30pm	Folk Art.	02 6024 3950
	King Valley Learning Exchange	Tuesdays	Folk Art.	03 5727 9548
Calligraphy	Quercus Beechworth			03 5728 2386

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Card Making	Birallee Park Neighbourhood House	Fridays 12.30pm-2.30pm	Come along and make your own cards BYO materials and learn from others.	02 6059 2590
Mosaics	Open Door Neighbourhood House	Tuesdays	Materials and tools provided.	03 5721 9175
Scrapbooking	Open Door Neighbourhood House	Monday afternoons	Traditional beginners' class. Community inclusion class.	03 5721 9175
Woodwork for Men	Birallee Park Neighbourhood House	Thursdays 9.00am-12.00pm Free		02 6059 2590

## **Community** programs

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Clothing Swap	Felltimber Community Centre	Located in Foyer 9.00am-3.00pm	Give what you can, take what you need – free clothing.	02 6043 4550
	Baranduda Community Centre	Available on request	Give what you can, take what you need – free clothing.	02 6020 8643
Tots 2 Teens	Trudewind Road Neighbourhood House	Monday to Thursday 9.00am-3.00pm	Collection point for clothing donations for families in homeless/domestic violence situations.	02 6024 3950
Yackandandah Annual Community Grants Program	Yackandandah Community Centre	April each year	Community groups are able to apply for community grants each year.	02 6027 1743
Deb Dress Loan	Felltimber Community Centre	Open by appointment	Free Deb and wedding dress hire (refundable bond required).	02 6043 4550
Book Swap	Felltimber Community Centre	Located in Foyer	Free Community Library. Take, loan, donate.	02 6043 4550
	Baranduda Community Centre	Located in Foyer	Free Community Library. Take, loan, donate.	02 6020 8643
	Yarrawonga Mulwala Community and Learning Centre	Monday to Friday	Free Little Library Take, loan, donate.	03 5744 3911

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Book Exchange	Trudewind Road Neighbourhood House	Monday to Thursday 9.00am-3.00pm	Large range of books to borrow / exchange/donate.	02 6024 3950
Indigo FM	Yackandandah Community Centre		Local radio station.	02 6027 1743
Rebound Radio	Mount Beauty Neighbourhood Centre	Tuesday 11am	Interviews on Alpine radio discussing various community issues.	03 5754 1166
Community Events	Yackandandah Community Centre		Keep an eye on the website for community events www. ycc.org.au	02 6027 1743
Community services listing	Yackandandah Community Centre		Community services and shop local listing on the website www.ycc.org.au	02 6027 1743
Connecting Community	Open Door Neighbourhood House		Community telephone program for connecting community for a chat or referral to services.	03 5721 9175
Community Garden	Trudewind Road Neighbourhood House		A garden for the community to enjoy.	02 6024 3950
	Yackandandah Community Centre			02 6027 1743
	Chiltern Neighbourhood House			03 5726 1405
	King Valley Learning Exchange			03 5727 9548
	Open Door Neighbourhood House		Fresh vegetables are grown to support the community pantry.	03 5721 9175
	Myrtleford Neighbourhood House			03 5752 2775
Garden Group	Mount Beauty Neighbourhood Centre	Tuesday Mornings	Green Thumbs Garden group with free morning tea. Social network.	03 5754 1166
	Corryong Neighbourhood Centre		Monthly garden visits, workshops and activities. Annual open garden weekend.	02 6076 2176

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Gardening Group	Felltimber Community Centre		Grandparent know-how – gardening. In partnership with a local college where students and seniors interact while working in the community garden.	02 6043 4550
Garden Club	Felltimber Community Centre		A social gardening group with guest speakers throughout the year.	02 6043 4550
Yackandandah Women's Shed	Yackandandah Community Centre		Local women's group doing everything from ceramics to power tools.	0403 484 944
Women's Scaredy Cats Guide To Power Tools	Birallee Park Neighbourhood House	Every Wednesday 9.00am-11.00am	\$5pp	02 6059 2590
Boomerang Bags	Yarrawonga Mulwala Community and Learning Centre	Mondays	Boomerang Bags provide a free, fun, sustainable alternative to plastic bags, and you can be a part of this community movement. Join our group and make new friends when we get together to make bags regularly for wider community use.	03 5744 3911
Plant to Plate	Yarrawonga Mulwala Community and Learning Centre	Held on Demand	Volunteers assist with garden bed maintenance.  Produce grown is taken to the kitchen and recipes developed depending on what is ready.  Assists the Foodshare program.	03 5744 3911
Keep Calm Committee	Mount Beauty Neighbourhood Centre		Disaster preparedness information and support.	03 5754 1166
Dog Training	Mount Beauty Neighbourhood Centre		Classes with and without your dog.	03 5754 1166
Mount Beauty Support Services	Mount Beauty Neighbourhood Centre	24/7	Supporting families and communities for financial help and referral; services.	0458 550 450
Repair Café	Quercus Beechworth	Last Saturday of the month	Repair Café.	03 5728 2386
Flea Market	Quercus Beechworth	First Saturday of each month	Flea Market.	03 5728 2386

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Community Programs	Tallangatta Neighbourhood House		A range of events held throughout the year designed to give community the opportunity to connect.	1300 356 222
	Bandiana Neighbourhood House		Events held throughout the year for defence families.	02 6053 1008
Mural Designs	Mount Beauty Neighbourhood Centre		Local artist working on mural designs and workshops.	03 5754 1166
General Programs	Chiltern Neighbourhood House	Various	Indigo U3A runs programs at the house fortnightly on a Friday.	03 5726 1405
Cards and Social	Yarrawonga Mulwala Community and Learning Centre		Meet like-minded people for a game of cards.	03 5744 3911
Geocaching	Mount Beauty Neighbourhood Centre	Register Anytime	Essentially a giant treasure hunt.	03 5754 1166

## **Social** enterprises

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Op Shop	Yackandandah Community Centre	Monday to Friday 10.00am-4.00pm		02 6027 1743
	Quercus Beechworth 12 Camp Street Beechworth	Monday to Friday 10.00am-4.00pm Sat-Sun 10.00am-2.00pm		03 5728 2386
	Chiltern Neighbourhood House	7 days 10.00am-3.00pm		03 5726 1405
	King Valley Learning Exchange	Third Saturday of the month	Pop up Op Shop.	03 5727 9548
Second Hand Bookshop	Quercus Beechworth 26 Ford Street Beechworth	7 days a week 10.00am-4.00pm	Second hand Book Shop.	03 5728 2386

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Community Bakery	Corryong Neighbourhood Centre 37 Hanson Street, Corryong	Weekdays 6.00am-4.00pm, Weekends & Public Holidays 7.00am-3.00pm	A CNC social enterprise with a focus on employment and training and all profits going back into the community. All your favourite bakery goods and new creations – a wide range of delicious breads, 20 different pies, pasties and sausage rolls, renowned vanilla slice and bee stings, fresh sandwiches, rolls, salads and toasties, fruit salad, quiches, smoothies, gluten free and more.	02 6076 1196
Community Garage	Corryong Neighbourhood Centre 38 Main Street, Walwa	Monday-Thursday 8.00am-4.00pm	A CNC social enterprise with a focus on employment and training with all profits going back into the community. With friendly service, one stop shop for all vehicles, equipment, marine and small engines plus auto electrics, tyre sales, fittings, balancing and alignment. Registered boat builder. Dealer of Hankook Tyres, Penrite Oil and Supercharge Batteries. Members of IAME and VACC.	02 6037 1587
Café	Mount Beauty Neighbourhood Centre	10.00am-4.00pm Weekdays	Rose Garden Café serving morning tea, lunch and afternoon tea on the deck and inside dining as well as take-away services.	03 5754 1166
Catering	Mount Beauty Neighbourhood Centre		Small and large events - inhouse and offsite.	03 5754 1166
Home Care Meals	Mount Beauty Neighbourhood Centre	Tuesdays and Fridays	Delivering meals twice a week to community members with care packages in place as well as people in need.	03 5754 1166
Plant Stall	Trudewind Road Neighbourhood House	Open 9.00am- 3.00pm Monday to Thursday	A variety of plants for sale. Donations welcome.	02 6024 3950
Art and Craft Supplies	Trudewind Road Neighbourhood House	Open 9.00am- 3.00pm Monday to Thursday	A variety of art and craft supplies for sale.	02 6024 3950
Art & Craft Gallery	Trudewind Road Neighbourhood House	9.00am-3.00pm Monday to Thursday	A large range of Art and Craft items at great prices.	02 6024 3950

## **Family**

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Occasional Childcare	Pangerang Community House	Monday to Friday 8.30am-1.00pm	(CCS provider).	03 5721 3813
	Bandiana Neighbourhood House	Wednesday, Thursday & Friday	Childcare for Defence families.	02 6053 1008
Childcare	Tallangatta Neighbourhood House		Childcare and Kindy via Towong Shire.	1300 365 000
Playgroup	Baranduda Community Centre	Weekly Mondays	Community Playgroup.	02 6020 8643
	Felltimber Community Centre	Various Weekly Sessions	Various types such as council assisted playgroup, community playgroup, grandparents, and multiple birth. These may change due to need.	02 6043 4550
	Felltimber Community Centre	Weekly Mondays	Multiple birth playgroup.	02 6043 4550
	Felltimber Community Centre	Weekly Tuesdays	Council assisted playgroup.	02 6043 4550
	Bandiana Neighbourhood House	Tuesdays	Play group for Defence Families.	02 6053 1008
	Tallangatta Neighbourhood House		Playgroup via Towong Shire.	1300 365 000
Child Services	Tallangatta Neighbourhood House		Child support services including childcare, kindy, playgroup and Maternal Health can be accessed via Towong Shire Council.	1300 365 000
New Parents Group	Felltimber Community Centre	Weekly Thursdays	Council managed program delivered by Early years team for parents with newborns.	02 6043 4550
Kids School Holiday Programs	Felltimber Community Centre			02 6043 4550
	Bandiana Neighbourhood House		Programs during the school holidays for defence families.	02 6053 1008

WHAT	WHERE	WHEN	SUMMARY	CONTACT
	Baranduda Community Centre			02 6020 8643
	Quercus Beechworth		Kids school holiday programs visit www. quercusbeechworth.com.au for more information.	03 5728 2386
	Pangerang Community House	Homework Club	Supporting children in grades 3-6.	03 5721 3813
Family Tree	King Valley Learning Exchange	Wednesdays	Assistance with information and resources.	03 5727 9548
	Myrtleford Neighbourhood House	Fridays	Assistance with information and resources.	03 5752 2775
Genealogy	Quercus Beechworth			03 5728 2386
Family Social Events	Bandiana Neighbourhood House	Various events throughout the year	For defence families to get together and socialise.	02 6053 1008

## Learning

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Be Connected	Pangerang Community House		Be Connected – Aust Govt Initiative to assist in digital world.	03 5721 3813
	Mount Beauty Neighbourhood Centre		Be Connected – Aust Govt Initiative to assist in digital world.	03 5754 1166
	Trudewind Road Neighbourhood House	Tuesdays and Thursdays 9.30am-11.00am	Be Connected Over 55's – Aust Govt Initiative to assist in digital world.	02 6024 3950
	Corryong Neighbourhood Centre	Available during opening hours	Be Connected - Aust Govt Initiative to assist in digital world.	02 6076 2176
	King Valley Learning Exchange	Wednesday	Be Connected - Aust Govt Initiative to assist in digital world.	03 5727 9548
	Myrtleford Neighbourhood Centre	Tuesday and Wednesday	Be Connected - Aust Govt Initiative to assist in digital world.	03 5752 2775

WHAT	WHERE	WHEN	SUMMARY	CONTACT
	Yackandandah Community Centre		Be Connected - Aust Govt Initiative to assist in digital world.	02 6027 1743
Computer Courses	Pangerang Community House		Various, including introduction to computers etc.	03 5721 3813
	King Valley Learning Exchange		Various.	03 5727 9548
	Yarrawonga Mulwala Community and Learning Centre		Various.	03 5744 3911
	Mount Beauty Neighbourhood Centre		Various.	03 5754 1166
	Myrtleford Neighbourhood Centre		Various.	03 5752 2775
	Open Door Neighbourhood House		Various Group and 1 to 1 classes.	03 5721 9175
	Felltimber Community Centre		Closing the Gap on IT.	02 6043 4550
	Corryong Neighbourhood Centre	Available during opening hours	Technology Playgroup – 1 to 1 technology support on demand.	02 6076 2176
Digital Essentials	Yarrawonga Mulwala Community and Learning Centre	Level 1 runs Term 1 and 3 Level 2 runs Term 2 and 4	Digital Essentials – Level 1 and Level 2 (learn how to use smartphones, iPads, laptops, connect safely to internet, social media, emails, apps, etc.	03 5744 3911
iPads	Trudewind Road Neighbourhood House	Mondays 12.30pm-3.00pm	Making the most of your iPad.	02 6024 3950
iPads	Open Door Neighbourhood House		Group based beginners' courses.	03 5721 9175
Learning	Tallangatta Neighbourhood House		A wide variety of workshops and courses are held throughout the year.	1300 365 222
	Quercus Beechworth	Workshops and accredited courses throughout the year	Visit website www. quercusbeechworth.com. au for information and bookings.	03 5728 2386

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Employment Skills	Pangerang Community House		Various	03 5721 3813
	Myrtleford Neighbourhood Centre	Tuesday and Thursday	1:1 available.	03 5752 2775
Literacy and Numeracy	Open Door Neighbourhood House		Group and 1:1 available	03 5721 9175
	Myrtleford Neighbourhood Centre	Tuesday and Thursday	1:1 available.	03 5752 2775
Literacy for Life	Yarrawonga Mulwala Community and Learning Centre	Usually runs in Term 1 and 3	Literacy for Life will support you to develop skills in literacy and numeracy.	03 5744 3911
Photography	Yarrawonga Mulwala Community and Learning Centre	Runs in Term 2 and 4	Learn the basics of photography using a Digital SLR camera.	03 5744 3911
Snow Sports Technician	Mount Beauty Neighbourhood Centre	3 days	Pre accredited course over 3 days for working in the ski industry.	03 5754 1166
Sustainable and Reliant Homes	Mount Beauty Neighbourhood Centre	2 days	Designing for life style climate change and disaster.	03 5754 1166
Psychological First Aid Workshop	Mount Beauty Neighbourhood Centre	10am-3pm	Training includes basic principles of psychosocial support.	03 5754 1166
Women in the Men's Shed	Mount Beauty Neighbourhood Centre	5 weekly session	Pre accredited course opportunity for women's confidence in general maintenance skills and possible work.	03 5754 1166
Hospitality	Yarrawonga Mulwala Community and Learning Centre	Runs in Term 2 and 4	Learn about the hospitality industry from a commonsense approach.	03 5744 3911
Skills for Work and Study – Health Services	Yarrawonga Mulwala Community and Learning Centre	Runs in Term 1 and 3	Learn skills and knowledge for entry level jobs in the health services.	03 5744 3911
Horticulture	King Valley Learning Exchange			03 5727 9548

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Tutoring	Yarrawonga Mulwala Community and Learning Centre	As required and on availability of tutor	Need a little extra help with courses at YMCLC?  A volunteer tutor will review assessments and provide advice	03 5744 3911
	Quercus Beechworth		School Tutoring	03 5728 2386
One on One Computer Training	Trudewind	Tuesday afternoons by appointment	Computer, phone and tablet Tutoring	02 6024 3950

### **Accredited** courses

WHAT	WHERE	WHEN	SUMMARY	CONTACT
CPR	Quercus Beechworth	Held on Demand	Visit website www. quercusbeechworth.com.au for information.	03 5728 2386
	Myrtleford Neighbourhood Centre			03 5752 2775
	Chiltern Neighbourhood House			03 5726 1405
	Mt Beauty Neighbourhood Centre			03 5754 1166
	King Valley Learning Exchange			03 5727 9548
	Yarrawonga Mulwala Community and Learning Centre	Held on demand	HLTAID009 Learn the skills to perform Cardiopulmonary Resuscitation.	03 5744 3911
	Yackandandah Community Centre			02 6027 1743
	Bandiana Neighbourhood House			02 6053 1008
First Aid	Quercus Beechworth		Visit website www. quercusbeechworth.com.au for information.	03 5728 2386

WHAT	WHERE	WHEN	SUMMARY	CONTACT
	Yackandandah Community Centre			02 6027 1743
	Myrtleford Neighbourhood House		On Line.	03 5752 2775
	Chiltern Neighbourhood House			03 5726 1405
	Mount Beauty Neighbourhood Centre			03 5754 1166
	King Valley Learning Exchange		On Line.	03 5727 9548
	Yarrawonga Mulwala Community and Learning Centre	Held on demand	HLTAID011 and HLTAID012 Learn first aid skills, including Cardiopulmonary Resuscitation.	03 5744 3911
	Bandiana Neighbourhood House			02 6053 1008
	Baranduda Community Centre	Held on Demand	Kids and Level 2 First Aid.	02 6020 8643
Farm First Aid	Mount Beauty Neighbourhood Centre	9.00am-5.00pm	To develop skills and improve farm and rural workplace safety.	03 5754 1166
RSA	Myrtleford Neighbourhood House		On Line.	03 5752 2775
	King Valley Learning Exchange		On Line.	03 5727 9548
	Yackandandah Community Centre			02 6027 1743
	Mount Beauty Neighbourhood Centre			03 5754 1166
	Yarrawonga Mulwala Community and Learning Centre	Held on demand	Learn the principles of responsible service of alcohol. We offer both NSW and Victorian RSA in the one accredited course (SITHFAB002).	03 5744 3911

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Food Safety	Mt Beauty Neighbourhood Centre			03 5754 1166
	Myrtleford Neighbourhood Centre		On Line.	03 5752 2775
	King Valley Learning Exchange		On Line.	03 5727 9548
	Quercus Beechworth		Visit website www. quercusbeechworth.com.au for information.	03 5728 2386
Safe Chemical User	Mount Beauty Neighbourhood Centre			03 5754 1166
Chainsaw	Mount Beauty Neighbourhood Centre			03 5754 1166
White Card	Mount Beauty Neighbourhood Centre			03 5754 1166
Horticulture	Mount Beauty Neighbourhood Centre			03 5754 1166
Barista	Quercus Beechworth		Visit website www. quercusbeechworth.com.au for information.	03 5728 2386
	Yarrawonga Mulwala Community and Learning Centre	Held on demand	Learn the basics of espresso coffee making, and gain practical skills.	03 5744 3911
Hygiene for Food Handlers	Yarrawonga Mulwala Community and Learning Centre	Held on demand	Learn safe hygiene practices when handling food. Accredited course (SITXFSA001).	03 5744 3911
Responsible Service of Gaming (RGS)	Yarrawonga Mulwala Community and Learning Centre	Held on demand	Learn the principles of responsible gambling services. Accredited course (SITHGAM001)	03 5744 3911
Gender Equity	Yarrawonga Mulwala Community and Learning Centre	Held on demand	Learn how to develop a gender lens to support gender equity work and apply this to your own work role. Two Victorian accredited units VU22770 and VU22771).	03 5744 3911

WHAT	WHERE	WHEN	SUMMARY	CONTACT
Customer Service Skills	Myrtleford Neighbourhood Centre		Learn general customer service skills. On Line.	03 5752 2775
	King Valley Learning Exchange		Learn general customer service skills. On line.	03 5727 9548
Digital Marketing for Beginners	King Valley Learning Exchange			03 5727 9548
	Myrtleford Neighbourhood Centre			03 5752 2775

Upper Murray Regional Neighbourhood House Network

Phone: **0488 572 225**Email: **umrnhn@bigpond.com** 

www.uppermurraynhn.org